

Lectures
on
Constitutive Modelling of Arteries

Ray Ogden

University of Aberdeen

Xi'an Jiaotong University
April 2011

Overview of the Ingredients of Continuum Mechanics needed in Soft Tissue Biomechanics

**and the phenomenological
description of material properties**

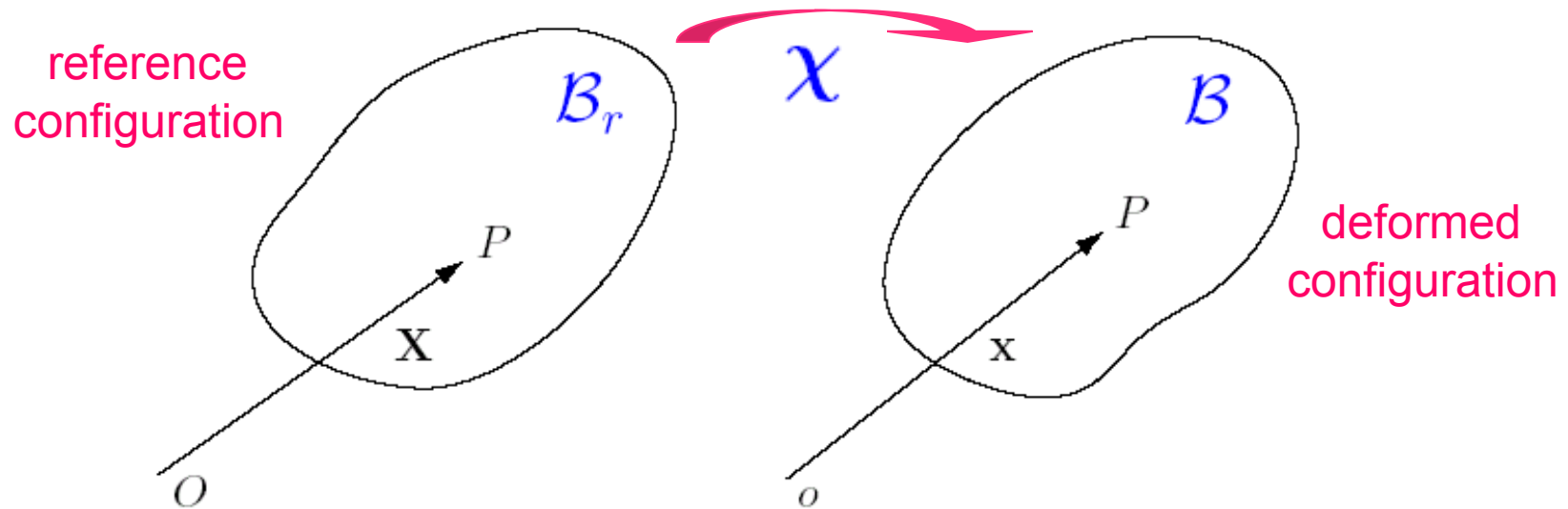
Lecture Contents

Outline of the basics tools from continuum mechanics –
kinematics, invariants, stress, elasticity, strain energy,
stress-deformation relations

Characterization of material properties –
isotropy and anisotropy, fibrous materials

Application to arteries (and the myocardium – if time allows)

Kinematics



Deformation $\mathbf{x} = \chi(\mathbf{X})$

Properties of χ

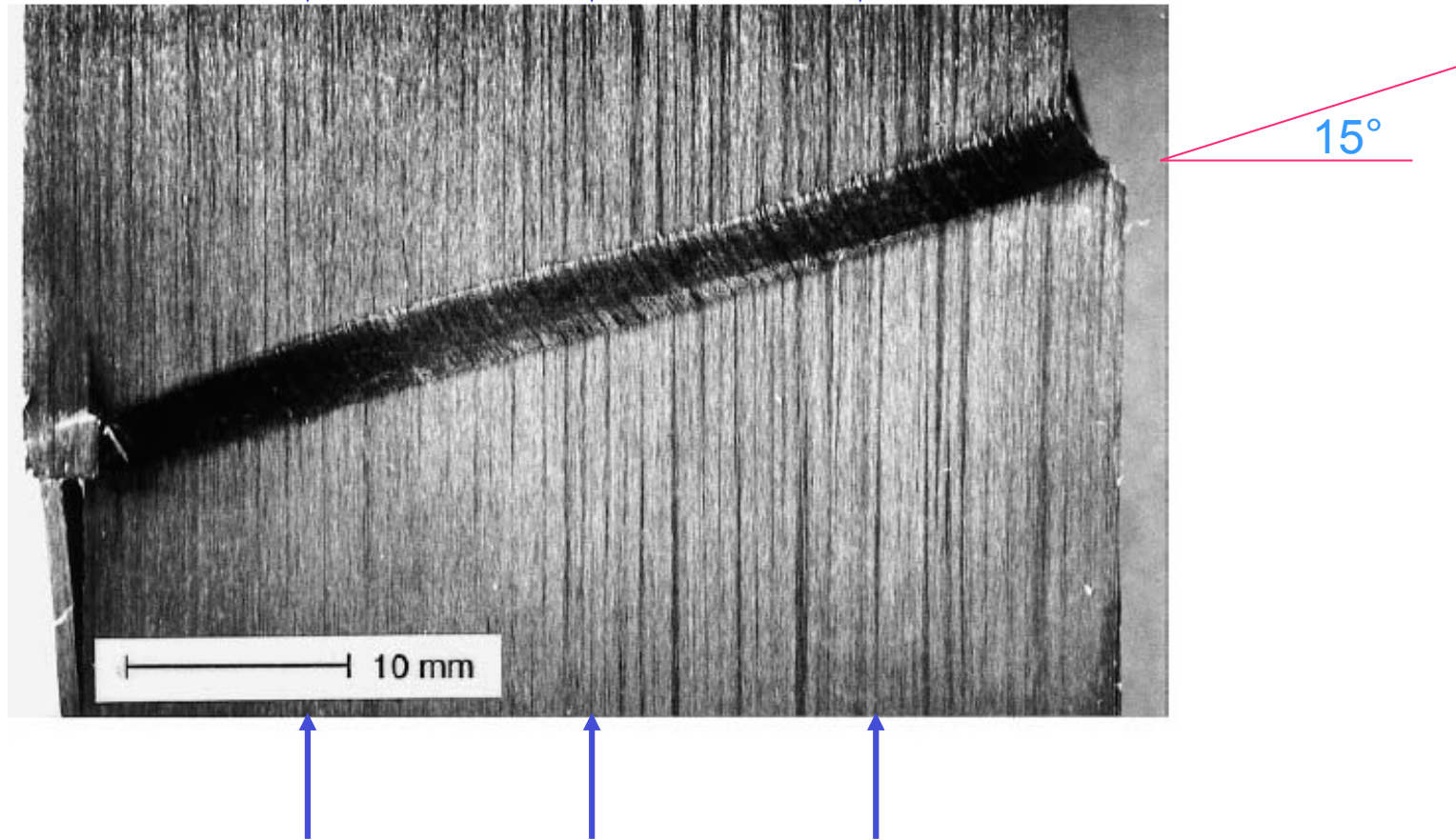
Continuous

One-to-one and onto – invertible

Differentiable, inverse differentiable

(not necessarily continuously differentiable)

Example of a deformation that is **not** continuously differentiable – a kink band –
from Vogler and Kyriakides (1999)



Deformation gradient $\mathbf{F} = \text{Grad}\chi$

Associated (Cauchy–Green) tensors

left $\mathbf{B} = \mathbf{F}\mathbf{F}^T$ $\mathbf{C} = \mathbf{F}^T\mathbf{F}$ right

Polar decomposition

$$\mathbf{F} = \mathbf{R}\mathbf{U} = \mathbf{V}\mathbf{R}$$

rotation tensor

positive definite
symmetric tensors

Eigenvalues of \mathbf{U} and \mathbf{V}

are the **principal stretches** $\lambda_i > 0 \quad i = 1, 2, 3$

Eigenvalues of \mathbf{B} and \mathbf{C} are λ_i^2

Stretch can be defined for any reference direction \mathbf{M} – unit vector

Square of length of a line element

$$|d\mathbf{x}|^2 = (\mathbf{F}d\mathbf{X}) \cdot (\mathbf{F}d\mathbf{X}) = (\mathbf{F}\mathbf{M}) \cdot (\mathbf{F}\mathbf{M})|d\mathbf{X}|^2 = \underbrace{(\mathbf{F}^T\mathbf{F}\mathbf{M}) \cdot \mathbf{M}}_{\mathbf{C} = \mathbf{F}^T\mathbf{F} = \mathbf{U}^2}|d\mathbf{X}|^2$$

unit vector in reference configuration

$$\mathbf{C} = \mathbf{F}^T\mathbf{F} = \mathbf{U}^2$$

$$\frac{|d\mathbf{x}|}{|d\mathbf{X}|} = |\mathbf{F}\mathbf{M}| = [(\mathbf{F}^T\mathbf{F}\mathbf{M}) \cdot \mathbf{M}]^{1/2} \equiv \lambda(\mathbf{M}) \quad \text{– stretch in direction } \mathbf{M}$$

Inextensibility constraint

$$(\mathbf{F}^T\mathbf{F}\mathbf{M}) \cdot \mathbf{M} = 1$$

Green strain tensor

$$\mathbf{E} = \frac{1}{2}(\mathbf{F}^T\mathbf{F} - \mathbf{I}) = \frac{1}{2}(\mathbf{U}^2 - \mathbf{I})$$

Deformation of

1. line elements $d\mathbf{x} = \mathbf{F}d\mathbf{X}$

2. area elements $\mathbf{n}da = J\mathbf{F}^{-T}\mathbf{N}dA$ – Nanson's formula

3. volume elements $dv = JdV$

$$J = \det \mathbf{F} > 0$$

Incompressibility constraint

$$J \equiv \det \mathbf{F} = 1$$

Deformation invariants

Principal invariants of \mathbf{C}

$$I_1 = \text{tr} \mathbf{C}$$

$$I_2 = \frac{1}{2}[(\text{tr} \mathbf{C})^2 - \text{tr}(\mathbf{C}^2)]$$

$$I_3 = \det \mathbf{C} = J^2$$



Invariants associated with a distinguished direction \mathbf{M}
in the reference configuration

$$I_4 = \mathbf{M} \cdot (\mathbf{C}\mathbf{M}) = \lambda(\mathbf{M})^2 \quad \text{– square of stretch in direction } \mathbf{M}$$

$$I_5 = \mathbf{M} \cdot (\mathbf{C}^2\mathbf{M}) \quad \text{– no simple physical interpretation}$$

An alternative to I_5 based on Nanson's formula

$$\mathbf{n}da = J\mathbf{F}^{-T}\mathbf{N}dA$$

$$I_5^* = (\mathbf{C}^*\mathbf{M}) \cdot \mathbf{M} \quad \text{– square of ratio of deformed to undeformed area element initially normal to } \mathbf{M}$$

$$\mathbf{C}^* = I_3\mathbf{C}^{-1}$$

Invariants associated with two distinguished directions \mathbf{M} \mathbf{M}'
in the reference configuration

Additional invariants

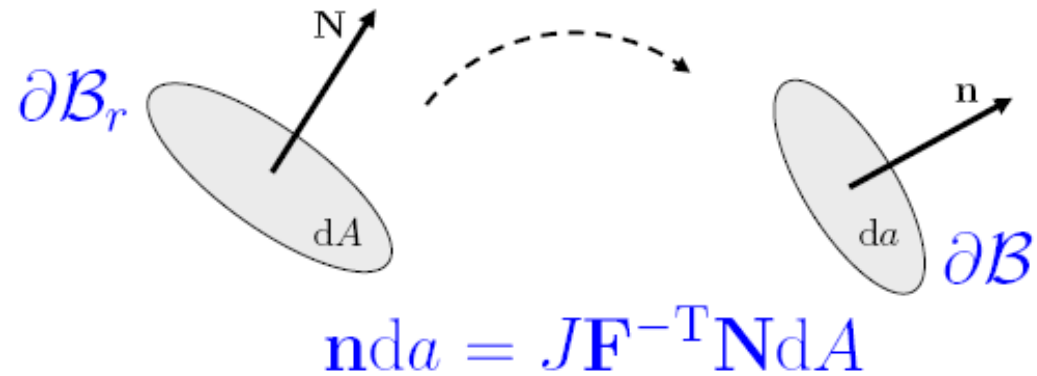
$$I_6 = \mathbf{M}' \cdot (\mathbf{C}\mathbf{M}') \quad I_7 = \mathbf{M}' \cdot (\mathbf{C}^2\mathbf{M}')$$

$$I_8 = \mathbf{M} \cdot (\mathbf{C}\mathbf{M}')(\mathbf{M} \cdot \mathbf{M}')$$

Note: another way to write I_4 and similarly for the other invariants is

$$I_4 = \text{tr}(\underbrace{\mathbf{C}\mathbf{M} \otimes \mathbf{M}}_{\text{structure tensor}})$$

Stress tensors



$$\mathbf{t} da = \boldsymbol{\sigma} \mathbf{n} da = \boxed{J \boldsymbol{\sigma} \mathbf{F}^{-T}} \mathbf{N} dA \equiv \mathbf{S}^T \mathbf{N} dA$$

↑
traction
vector

↑
Cauchy stress tensor (symmetric)

$$\mathbf{S} = J \mathbf{F}^{-1} \boldsymbol{\sigma} \quad \text{nominal stress tensor}$$

$$\mathbf{S}^T \quad \text{first Piola-Kirchhoff stress tensor}$$

Equilibrium (no body forces) $\int_{\partial B_r} \mathbf{S}^T \mathbf{N} dA = \mathbf{0} \quad \longrightarrow \quad \text{Div} \mathbf{S} = \mathbf{0}$

Introduction of the (elastic) strain energy

consider the virtual work of the surface tractions

$$\int_{\partial\mathcal{B}_r} (\mathbf{S}^T \mathbf{N}) \cdot \delta \mathbf{x} dA = \int_{\mathcal{B}_r} \text{Div}(\mathbf{S} \delta \mathbf{x}) dV = \int_{\mathcal{B}_r} \text{tr}(\mathbf{S} \underbrace{\text{Grad} \delta \mathbf{x}}_{\delta \mathbf{F}}) dV$$

This is converted into stored (elastic) energy
if there exists a scalar function $W = W(\mathbf{F})$

such that

$$\delta W = \text{tr}(\mathbf{S} \delta \mathbf{F})$$

from which we obtain the
stress-deformation relation

$$\mathbf{S} = \frac{\partial W}{\partial \mathbf{F}} \quad \boldsymbol{\sigma} = J^{-1} \mathbf{F} \mathbf{S}$$

for an unconstrained material

Some properties of $W(\mathbf{F})$

$$W(\mathbf{F}) \xrightarrow{\text{objectivity}} W(\mathbf{U}) \text{ or } W(\mathbf{C}) \text{ or } W(\mathbf{E})$$
$$\mathbf{C} = \mathbf{U}^2 \quad \mathbf{E} = \frac{1}{2}(\mathbf{C} - \mathbf{I})$$

$$W(\mathbf{C}) \xrightarrow{\text{material symmetry}} W(I_1, I_2, \dots)$$

For an incompressible material $\det \mathbf{F} = 1$

$$\mathbf{S} = \frac{\partial W}{\partial \mathbf{F}} - p\mathbf{F}^{-1} \quad \boldsymbol{\sigma} = \mathbf{F} \frac{\partial W}{\partial \mathbf{F}} - p\mathbf{I}$$

Lagrange multiplier

Material symmetry

$$W \longrightarrow W(I_1, I_2, \dots, I_N)$$

$$\mathbf{S} = \sum_{i=1}^N W_i \frac{\partial I_i}{\partial \mathbf{F}} \quad \underbrace{-p\mathbf{F}^{-1}}_{\text{incompressible } I_3 \equiv 1} \quad W_i = \frac{\partial W}{\partial I_i}$$

Incompressible isotropic elastic materials

Principal invariants $I_1 = \text{tr} \mathbf{C}$ $I_2 = \frac{1}{2}[I_1^2 - \text{tr}(\mathbf{C}^2)]$

Strain energy $W = W(I_1, I_2)$

$$\mathbf{C} = \mathbf{F}^T \mathbf{F}$$

right C-G
tensor

$$\boldsymbol{\sigma} = -p \mathbf{I} + 2W_1 \mathbf{B} + 2W_2 (I_1 \mathbf{B} - \mathbf{B}^2)$$

left C-G
tensor

$$\mathbf{B} = \mathbf{F} \mathbf{F}^T$$

Principal stresses

$$\sigma_1 = -p + 2W_1 \lambda_1^2 + 2W_2 (I_1 \lambda_1^2 - \lambda_1^4)$$

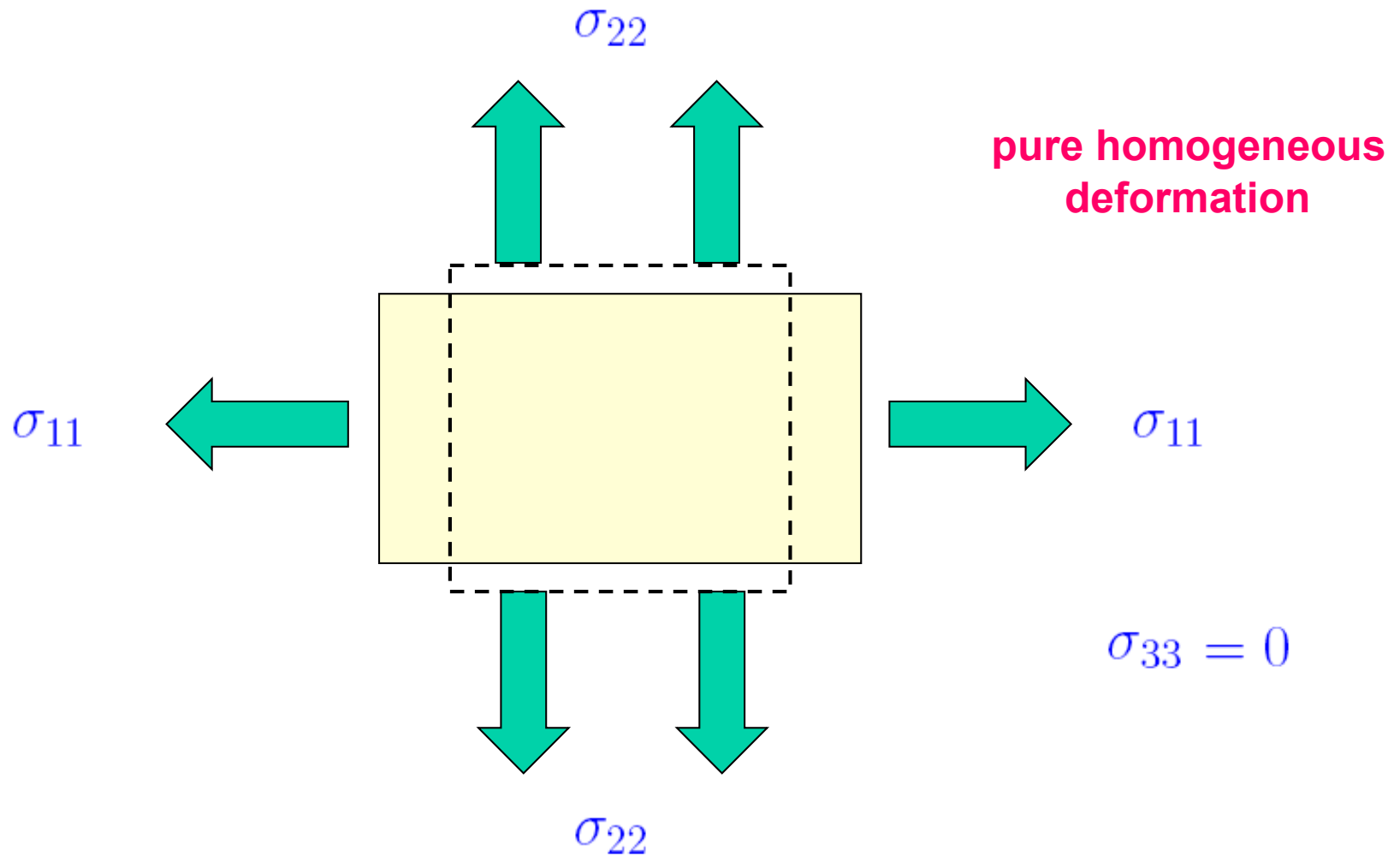
$$\sigma_2 = -p + 2W_1 \lambda_2^2 + 2W_2 (I_1 \lambda_2^2 - \lambda_2^4)$$

$$\sigma_3 = -p + 2W_1 \lambda_3^2 + 2W_2 (I_1 \lambda_3^2 - \lambda_3^4) = 0$$

$$\lambda_1 \lambda_2 \lambda_3 = 1$$



To characterize W it suffices to perform planar biaxial tests on a thin sheet



Eliminate p

$$\sigma_1 = 2(\lambda_1^2 - \lambda_1^{-2}\lambda_2^{-2}) \left(\frac{\partial W}{\partial I_1} + \lambda_2^2 \frac{\partial W}{\partial I_2} \right)$$

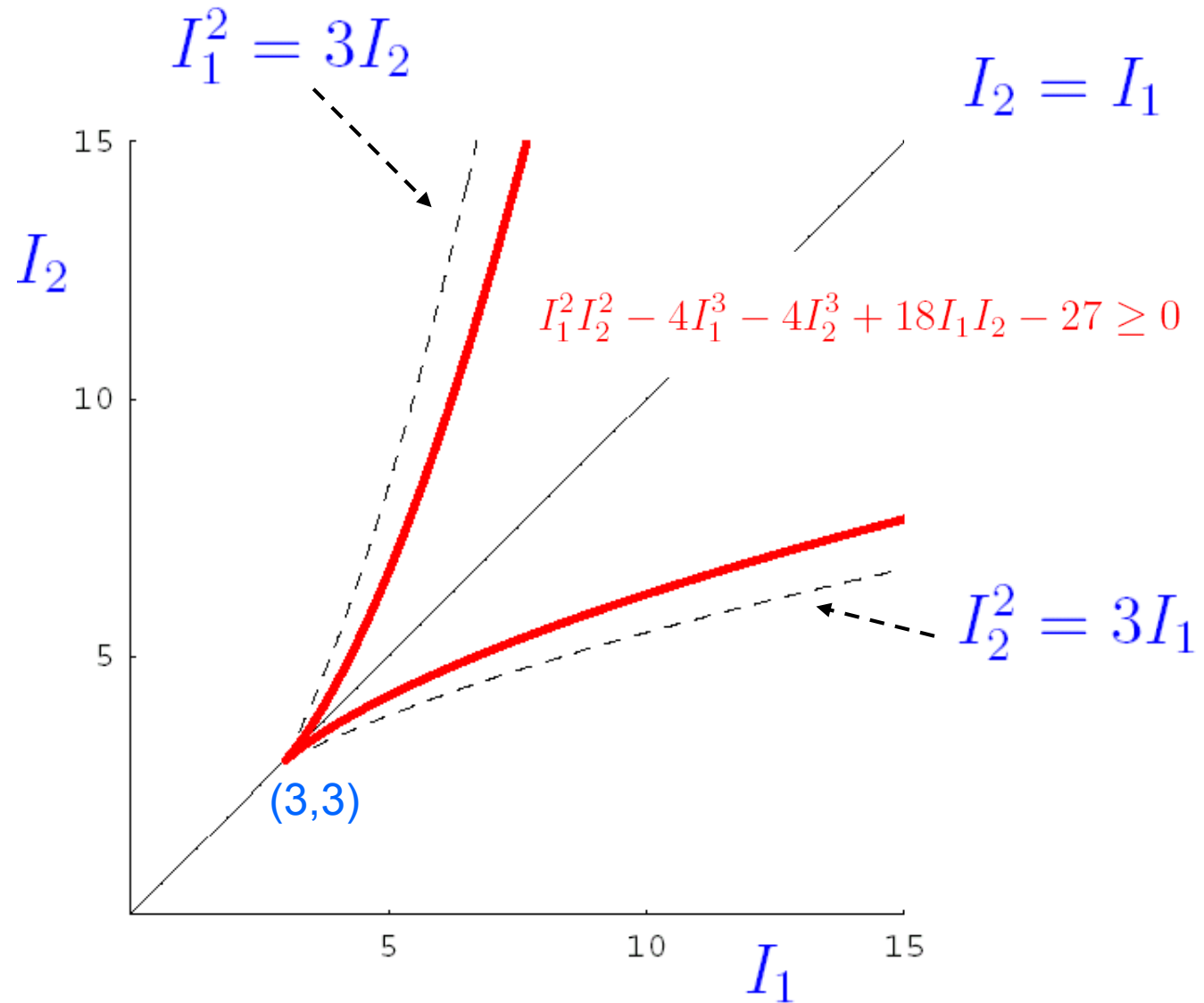
$$\sigma_2 = 2(\lambda_2^2 - \lambda_1^{-2}\lambda_2^{-2}) \left(\frac{\partial W}{\partial I_1} + \lambda_1^2 \frac{\partial W}{\partial I_2} \right)$$

Data with $\lambda_1\lambda_2\lambda_3 = 1$ enable

$$\frac{\partial W}{\partial I_1} = \frac{1}{2} \frac{\lambda_1^2 \sigma_1}{(\lambda_1^2 - \lambda_2^2)(\lambda_1^2 - \lambda_3^2)} - \frac{1}{2} \frac{\lambda_2^2 \sigma_2}{(\lambda_1^2 - \lambda_2^2)(\lambda_2^2 - \lambda_3^2)}$$

$$\frac{\partial W}{\partial I_2} = \frac{1}{2} \frac{\sigma_2}{(\lambda_1^2 - \lambda_2^2)(\lambda_2^2 - \lambda_3^2)} - \frac{1}{2} \frac{\sigma_1}{(\lambda_1^2 - \lambda_2^2)(\lambda_1^2 - \lambda_3^2)}$$

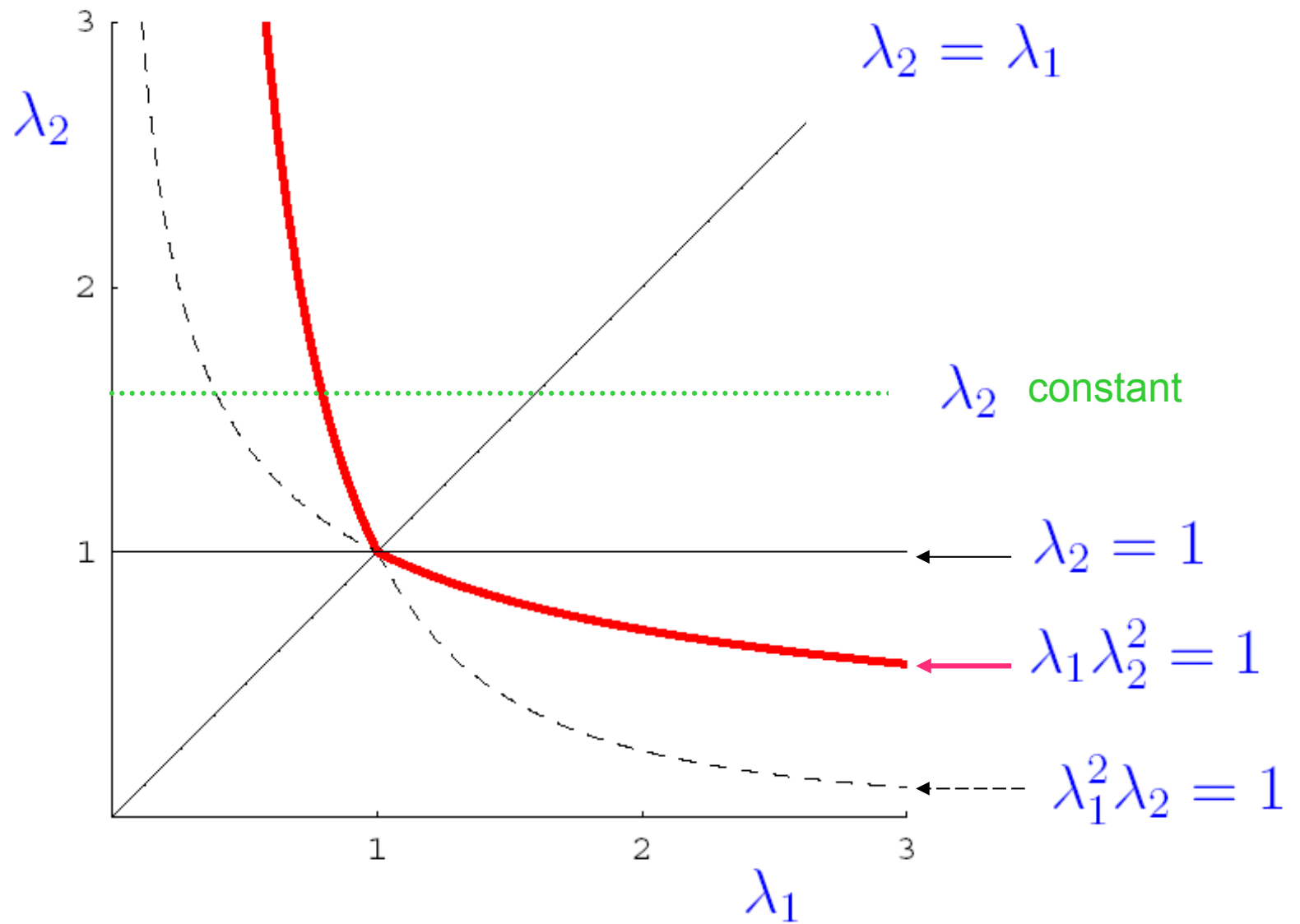
to be determined



Alternatively (and equivalently) –
in terms of the principal stretches

$$W = \hat{W}(\lambda_1, \lambda_2)$$

$$\sigma_1 = \lambda_1 \frac{\partial \hat{W}}{\partial \lambda_1} \quad \sigma_2 = \lambda_2 \frac{\partial \hat{W}}{\partial \lambda_2}$$



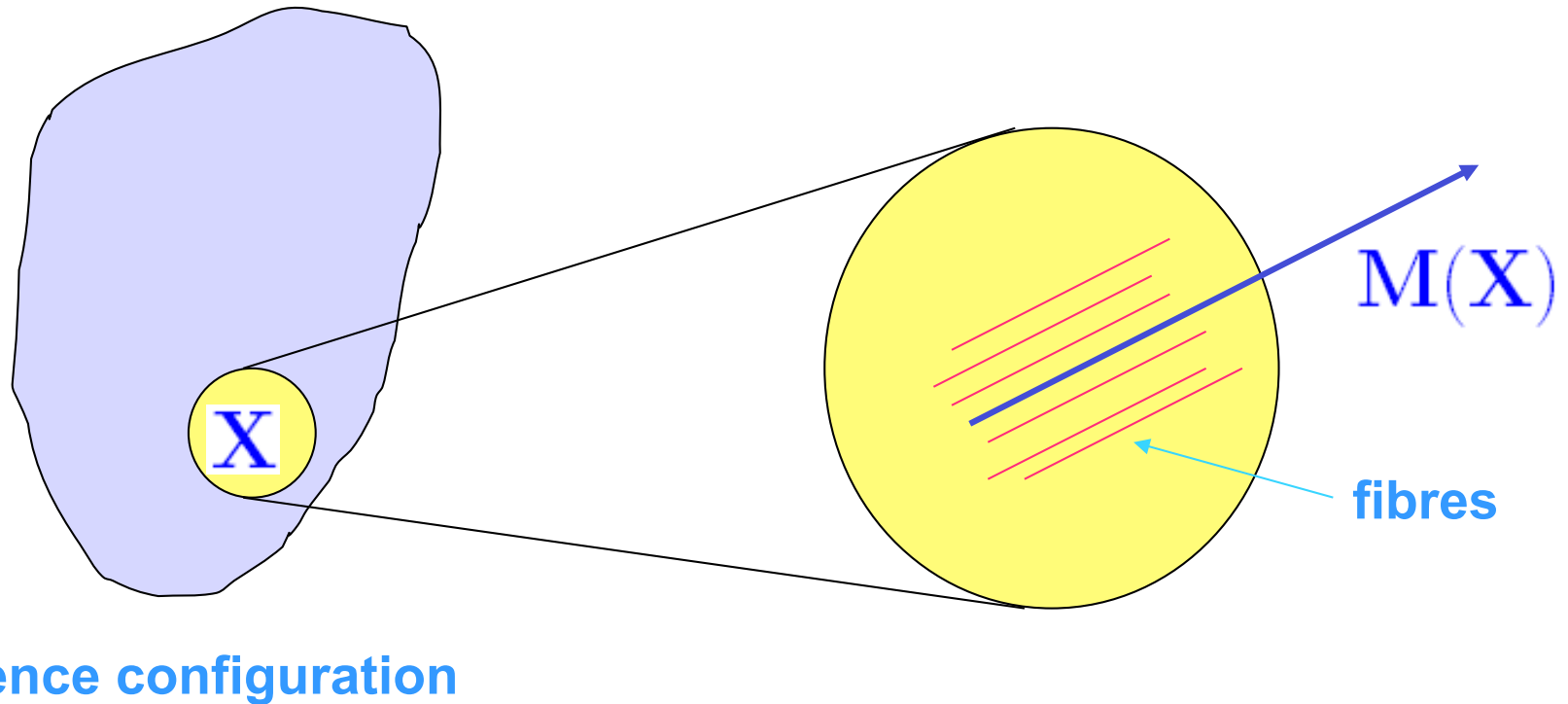
In either case there are two independent deformation quantities and two stress components –

thus, **planar biaxial tests** (or extension-inflation tests) **are sufficient to fully determine the three-dimensional material properties for an incompressible isotropic material**

This is not the case for anisotropic materials

contrary to various claims in the literature

Modelling fibre reinforcement

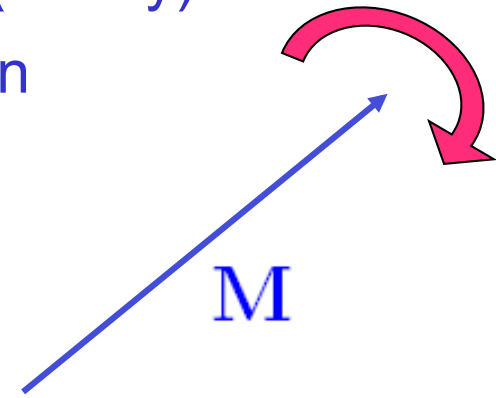


Fibres characterized in terms of the unit vector field M

One family of fibres – transverse isotropy (locally) –
 rotational symmetry about direction

$W(\mathbf{F})$ is an isotropic function of

\mathbf{C} and $\underbrace{\mathbf{M} \otimes \mathbf{M}}_{\text{structure tensor}}$



$W(\mathbf{F}) \rightarrow W(I_1, I_2, I_4, I_5)$

anisotropic
 (transversely isotropic)
 invariants

$I_4 = \mathbf{M} \cdot (\mathbf{C}\mathbf{M})$

$I_5 = \mathbf{M} \cdot (\mathbf{C}^2\mathbf{M})$

Cauchy stress

$$\boldsymbol{\sigma} = -p\mathbf{I} + 2W_1\mathbf{B} + 2W_2(I_1\mathbf{B} - \mathbf{B}^2) \\ + 2W_4\mathbf{m} \otimes \mathbf{m} + 2W_5(\mathbf{m} \otimes \mathbf{B}\mathbf{m} + \mathbf{B}\mathbf{m} \otimes \mathbf{m})$$

$$\mathbf{m} = \mathbf{F}\mathbf{M}$$

4 constitutive functions – require 4 independent tests to determine

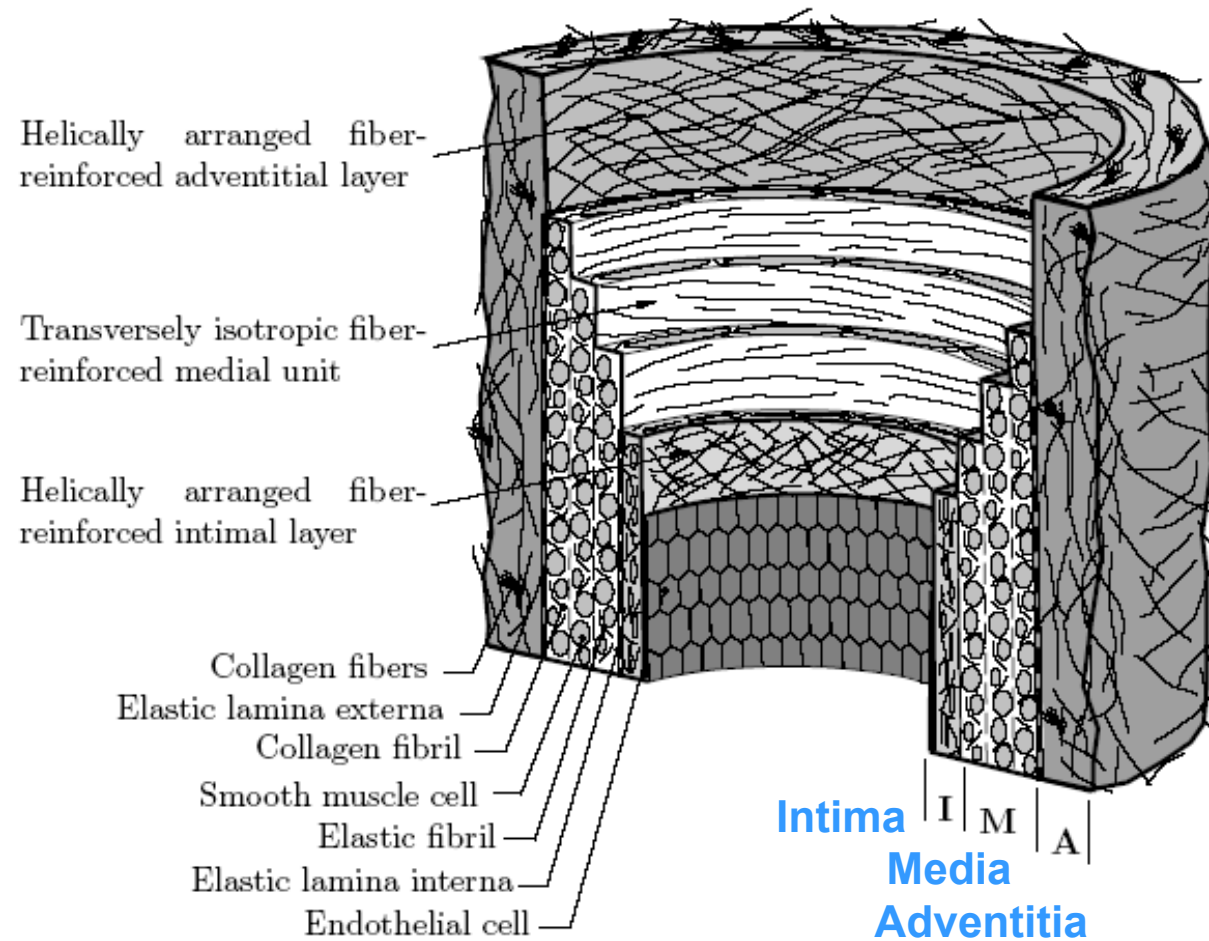
$$W_1 \quad W_2 \quad W_4 \quad W_5$$

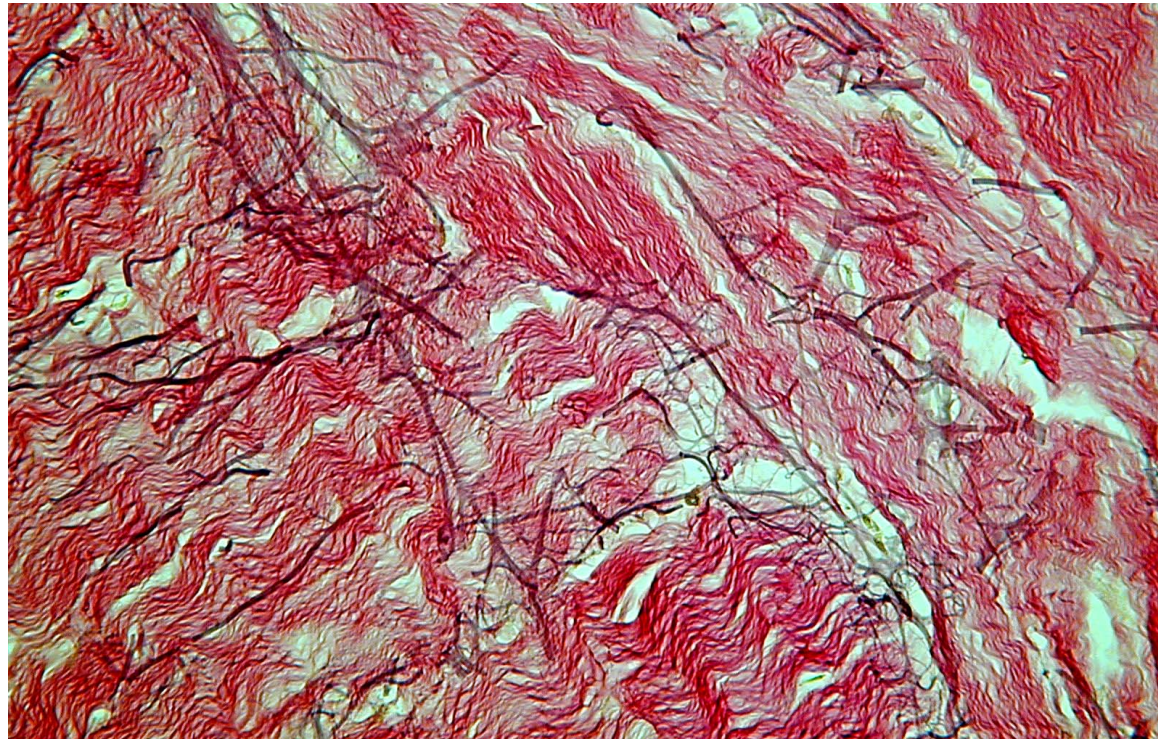
Arterial tissue and characterization of the elastic properties of fibrous materials

Typical arterial segments



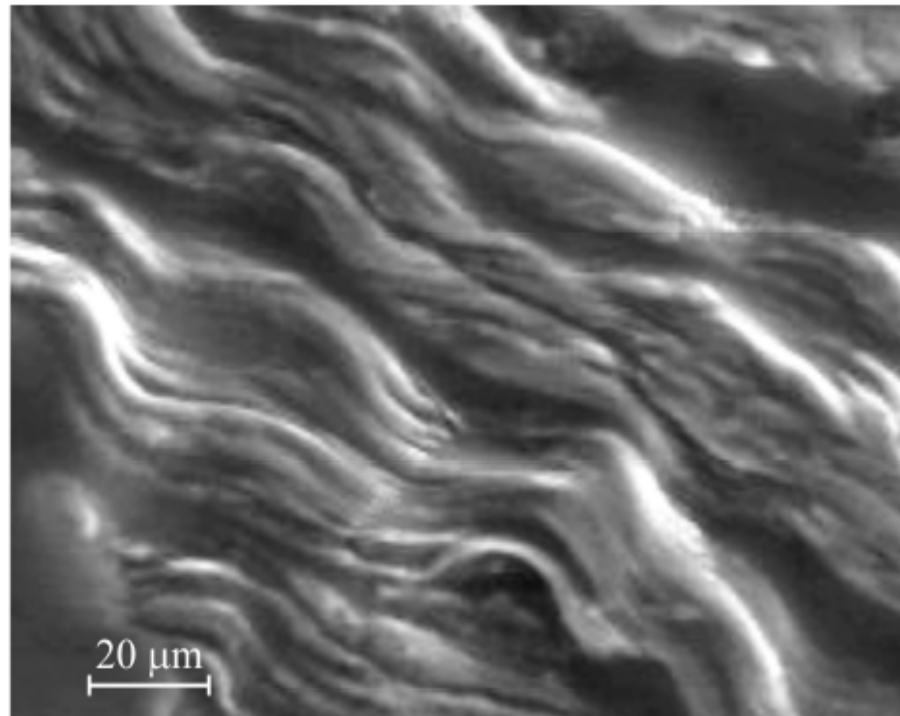
Schematic of arterial wall layered structure





**Collagen fibres in an iliac artery
(adventitia)**

ESEM – adventitia of human aorta



Rubber and soft tissue elasticity – similarities and differences

Rubber

Elastic

Large deformations

Incompressible

Isotropic

Soft tissue

Elastic

Large deformations

Incompressible

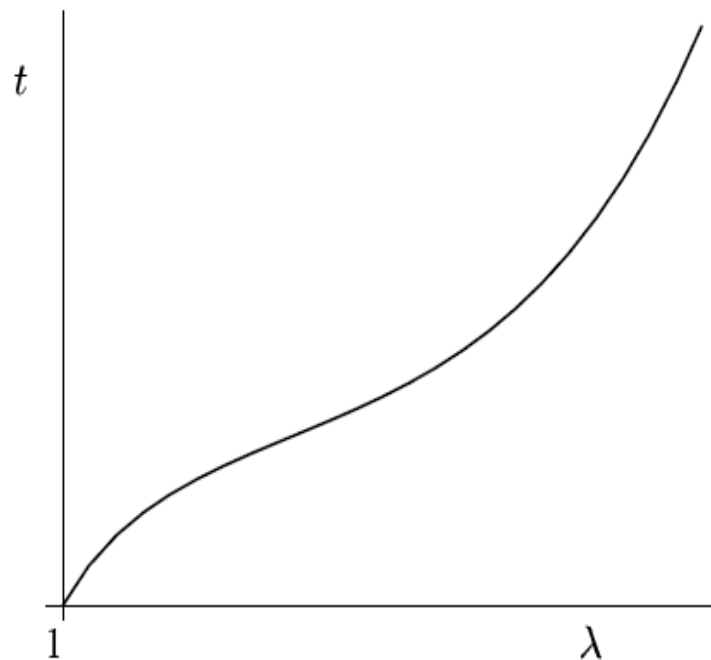
Anisotropic



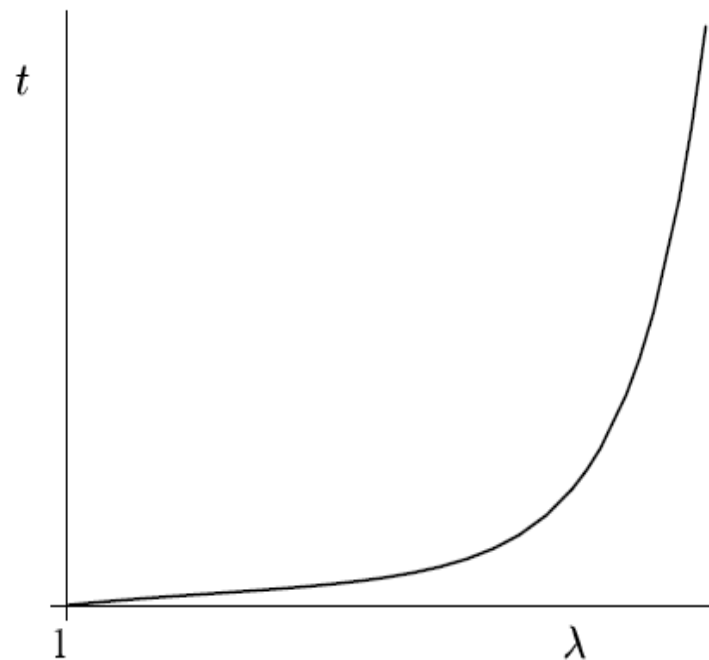
Comparison of responses of rubber and soft tissue

Simple tension (tension vs stretch)

Rubber



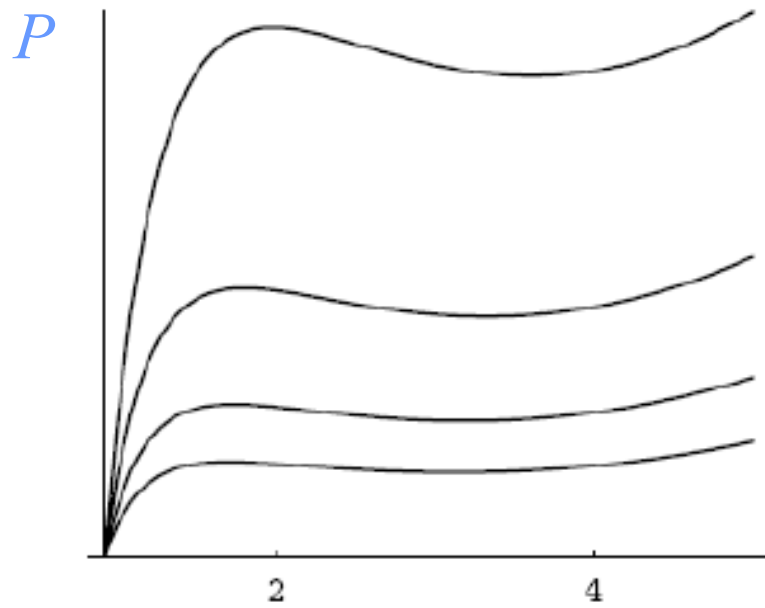
Soft tissue



Extension-inflation of a (thin-walled) tube

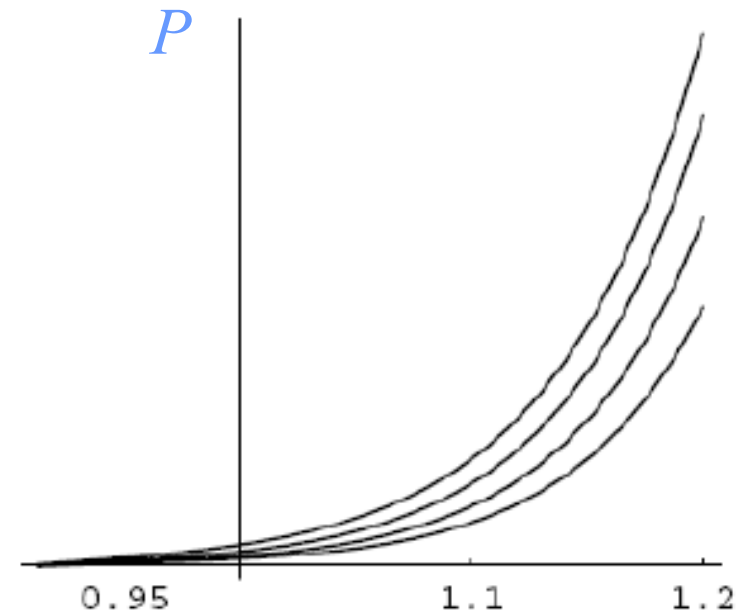
Pressure vs circumferential stretch

Rubber



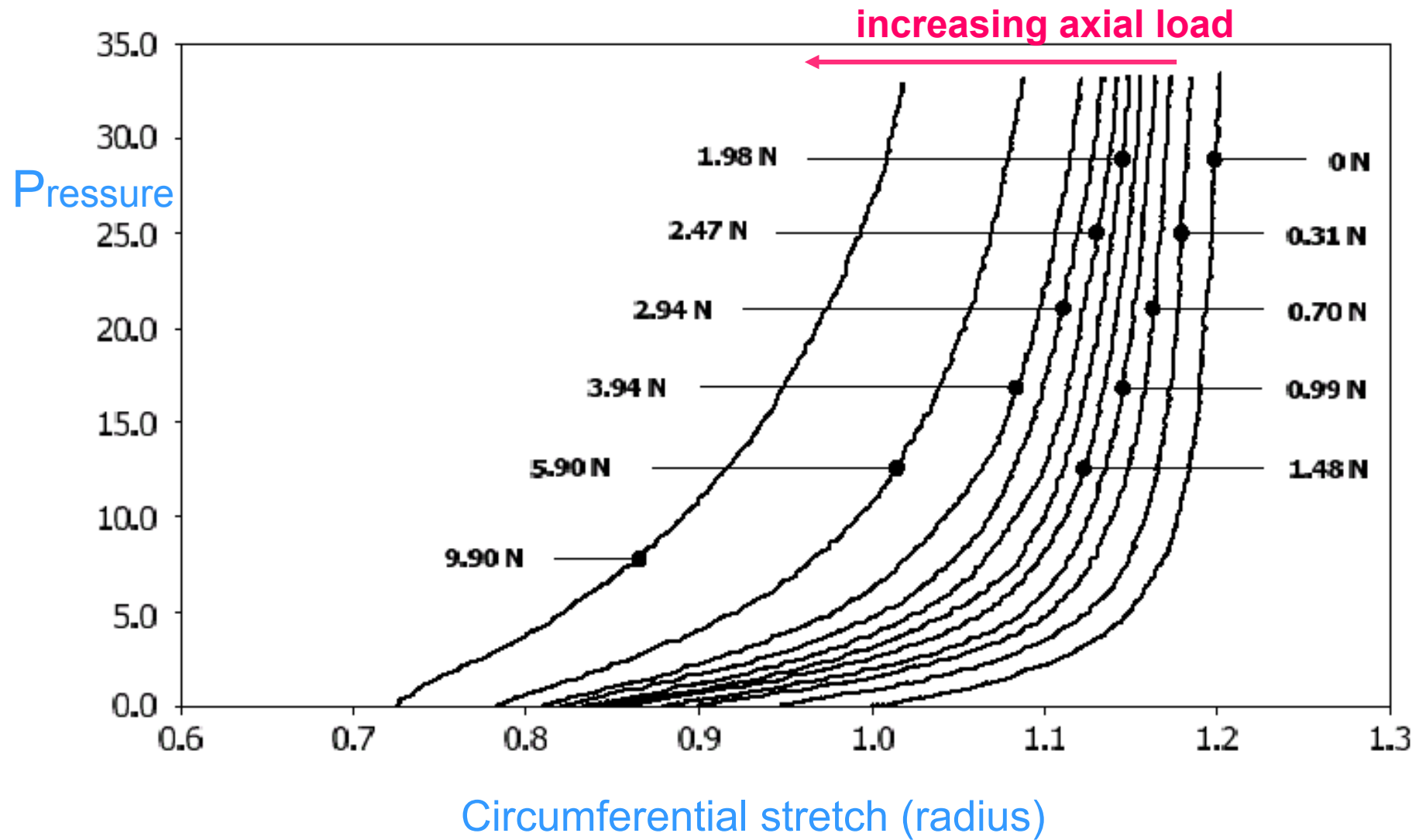
circumferential stretch

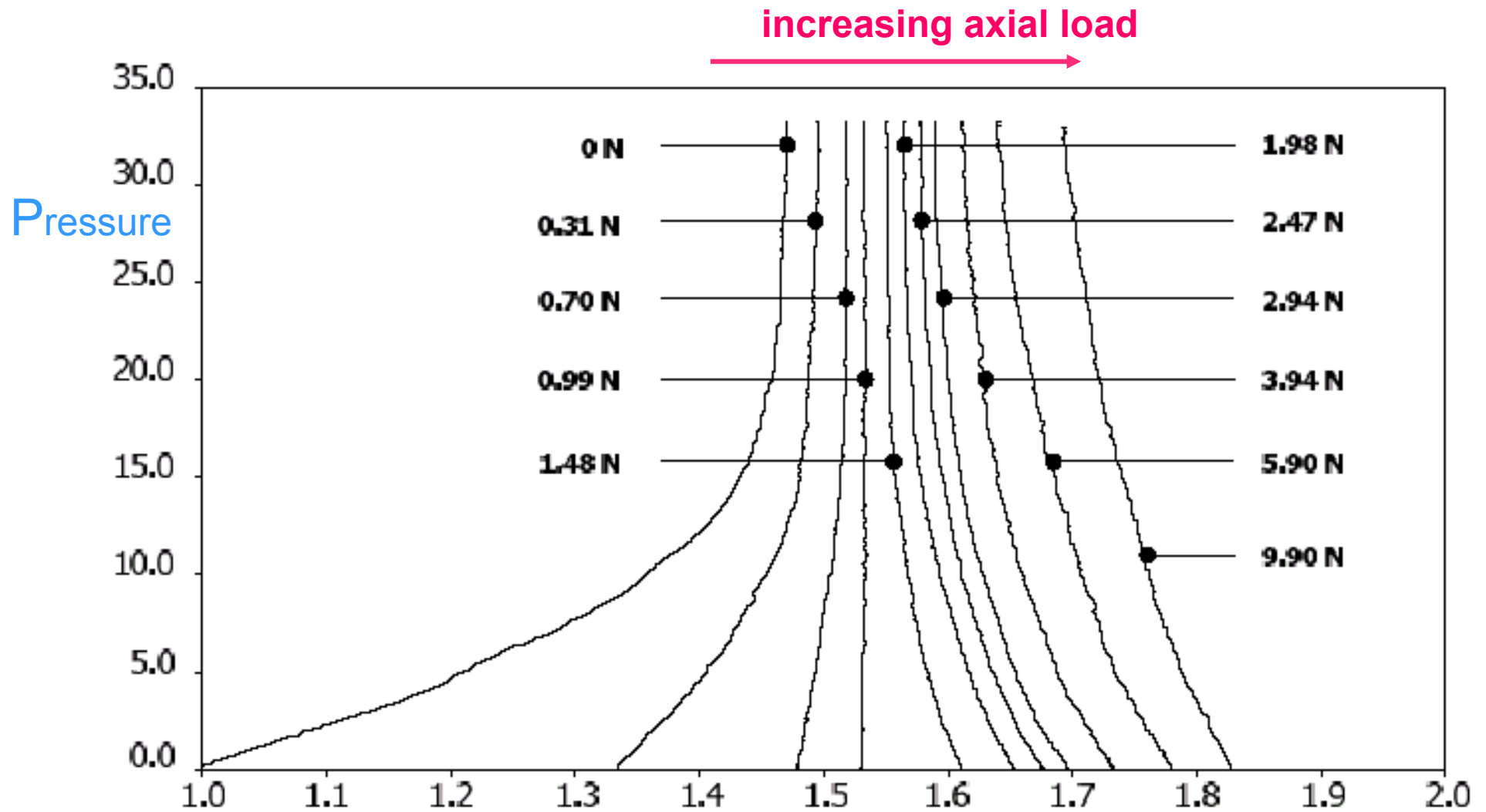
Soft tissue



axial pre-stretch 1.2

Typical data for a short arterial length





Pressure vs axial stretch (length)

For arteries – two families of fibres – unit vector fields \mathbf{M} \mathbf{M}'

Invariants $I_1 = \text{tr} \mathbf{C}$ $I_2 = \text{tr}(\mathbf{C}^{-1})$

$$I_4 = \mathbf{M} \cdot (\mathbf{C}\mathbf{M}) \quad I_5 = \mathbf{M} \cdot (\mathbf{C}^2\mathbf{M})$$

$$I_6 = \mathbf{M}' \cdot (\mathbf{C}\mathbf{M}') \quad I_7 = \mathbf{M}' \cdot (\mathbf{C}^2\mathbf{M}') \quad I_8 = \mathbf{M} \cdot (\mathbf{C}\mathbf{M}')(\mathbf{M} \cdot \mathbf{M}')$$

Cauchy stress

$$\boldsymbol{\sigma} = -p \mathbf{I} + 2W_1 \mathbf{B} + 2W_2(I_1 \mathbf{B} - \mathbf{B}^2)$$

$$+ 2W_4 \mathbf{m} \otimes \mathbf{m} + 2W_5(\mathbf{m} \otimes \mathbf{B}\mathbf{m} + \mathbf{B}\mathbf{m} \otimes \mathbf{m})$$

$$+ 2W_6 \mathbf{m}' \otimes \mathbf{m}' + 2W_7(\mathbf{m}' \otimes \mathbf{B}\mathbf{m}' + \mathbf{B}\mathbf{m}' \otimes \mathbf{m}')$$

$$+ W_8(\mathbf{m} \otimes \mathbf{m}' + \mathbf{m}' \otimes \mathbf{m})$$

$$\mathbf{m} = \mathbf{F}\mathbf{M} \quad \mathbf{m}' = \mathbf{F}\mathbf{M}'$$



Stress components

$$\sigma_{11} = -p + 2W_1\lambda_1^2 + 2W_2(I_1\lambda_1^2 - \lambda_1^4) + 2(W_4 + W_6 + W_8)\lambda_1^2 \cos^2 \varphi + 4(W_5 + W_7)\lambda_1^4 \cos^2 \varphi$$

$$\sigma_{22} = -p + 2W_1\lambda_2^2 + 2W_2(I_1\lambda_2^2 - \lambda_2^4) + 2(W_4 + W_6 - W_8)\lambda_2^2 \sin^2 \varphi + 4(W_5 + W_7)\lambda_2^4 \sin^2 \varphi$$

$$\sigma_{12} = 2[W_4 - W_6 + (W_5 - W_7)(\lambda_1^2 + \lambda_2^2)]\lambda_1\lambda_2 \sin \varphi \cos \varphi$$

$$\sigma_{33} = -p + 2W_1\lambda_3^2 + 2W_2(I_1\lambda_3^2 - \lambda_3^4) \quad \sigma_{13} = \sigma_{23} = 0$$

Fibre families mechanically equivalent

$$\longrightarrow \quad W_4 = W_6 \quad W_5 = W_7$$

$$\sigma_{12} = 0 \quad \text{no shear stress}$$

→ $\sigma_{11} = \sigma_1 \quad \sigma_{22} = \sigma_2 \quad \sigma_{33} = \sigma_3$ – principal stresses

$$W \longrightarrow \hat{W}(\lambda_1, \lambda_2, \varphi)$$

not symmetric in general

$$\sigma_{11} - \sigma_{33} = \lambda_1 \frac{\partial \hat{W}}{\partial \lambda_1} \quad \sigma_{22} - \sigma_{33} = \lambda_2 \frac{\partial \hat{W}}{\partial \lambda_2} \quad \text{as in isotropy}$$

These equations are applicable to the extension and inflation of a tube (artery)

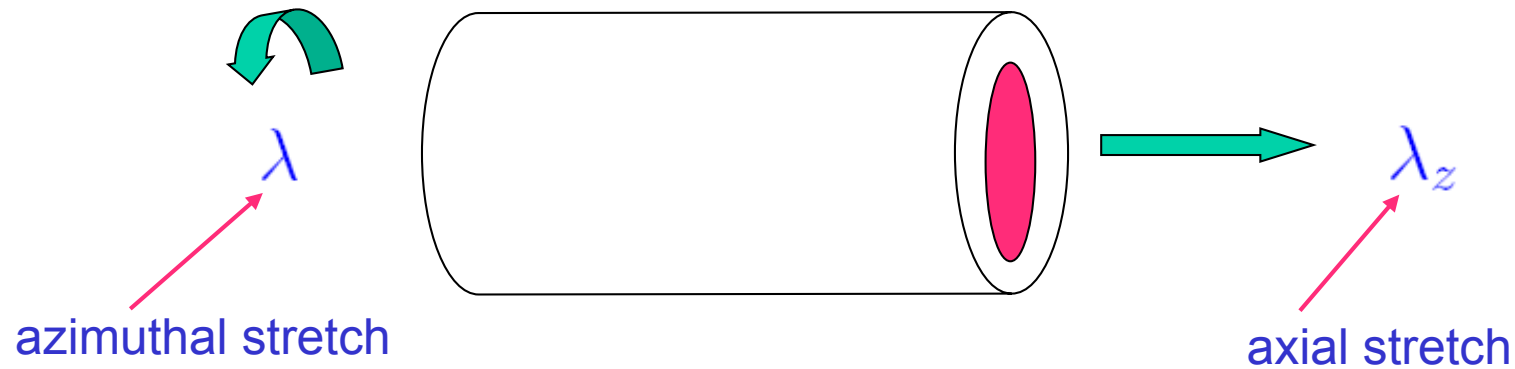
1 → θ 2 → z 3 → r cylindrical polars

Extension-inflation of a tube

Reference geometry

$$A \leq R \leq B \quad 0 \leq \Theta \leq 2\pi \quad 0 \leq Z \leq L$$

$$(R, \Theta, Z) \rightarrow (r, \theta, z) \quad \text{cylindrical polars}$$



Deformation

$$r^2 - a^2 = \lambda_z^{-1}(R^2 - A^2) \quad \theta = \Theta \quad z = \lambda_z Z$$

Principal stretches

$$\lambda_1 = \frac{r}{R} = \lambda \quad \lambda_2 = \lambda_z \quad \lambda_3 = \lambda^{-1} \lambda_z^{-1}$$

azimuthal axial radial

Strain energy $\hat{W}(\lambda, \lambda_z, \varphi)$

Forms of \hat{W} and φ may be different for different layers

$$\sigma_{\theta\theta} - \sigma_{rr} = \lambda \frac{\partial \hat{W}}{\partial \lambda} \quad \sigma_{zz} - \sigma_{rr} = \lambda_z \frac{\partial \hat{W}}{\partial \lambda_z}$$

Equilibrium

$$\frac{d\sigma_{rr}}{dr} + \frac{1}{r}(\sigma_{rr} - \sigma_{\theta\theta}) = 0$$

Pressure

$$P = \int_a^b \lambda \hat{W}_\lambda \frac{dr}{r}$$

Axial load

$$N = 2\pi \int_a^b \sigma_{zz} r dr$$

Illustrative strain energy (Holzapfel, Gasser, Ogden, J. Elasticity, 2000)

$$\begin{aligned} \boldsymbol{\sigma} = & -p \mathbf{I} + 2W_1 \mathbf{B} + 2W_2 (I_1 \mathbf{B} - \mathbf{B}^2) \\ & + 2W_4 \mathbf{m} \otimes \mathbf{m} + 2W_5 (\mathbf{m} \otimes \mathbf{Bm} + \mathbf{Bm} \otimes \mathbf{m}) \\ & + 2W_6 \mathbf{m}' \otimes \mathbf{m}' + 2W_7 (\mathbf{m}' \otimes \mathbf{Bm}' + \mathbf{Bm}' \otimes \mathbf{m}') \\ & + W_8 (\mathbf{m} \otimes \mathbf{m}' + \mathbf{m}' \otimes \mathbf{m}) \end{aligned}$$

Pressure

$$P = \int_a^b \lambda \hat{W}_\lambda \frac{dr}{r}$$

Axial load

$$N = 2\pi \int_a^b \sigma_{zz} r dr$$

Illustrative strain energy (Holzapfel, Gasser, Ogden, J. Elasticity, 2000)

$$\begin{aligned} \boldsymbol{\sigma} = & -p \mathbf{I} + 2W_1 \mathbf{B} \\ & + 2W_4 \mathbf{m} \otimes \mathbf{m} \\ & + 2W_6 \mathbf{m}' \otimes \mathbf{m}' \end{aligned}$$

Specifically

$$W = W_{\text{iso}} + W_{\text{aniso}}$$

matrix fibres

with

$$W_{\text{iso}} = \frac{1}{2}\mu_1(I_1 - 3) \quad \text{neo-Hookean}$$

$$W_{\text{aniso}} = \frac{\mu_2}{2\mu_3} \left\{ \exp [\mu_3(I_4 - 1)^2] + \exp [\mu_3(I_6 - 1)^2] - 2 \right\}$$

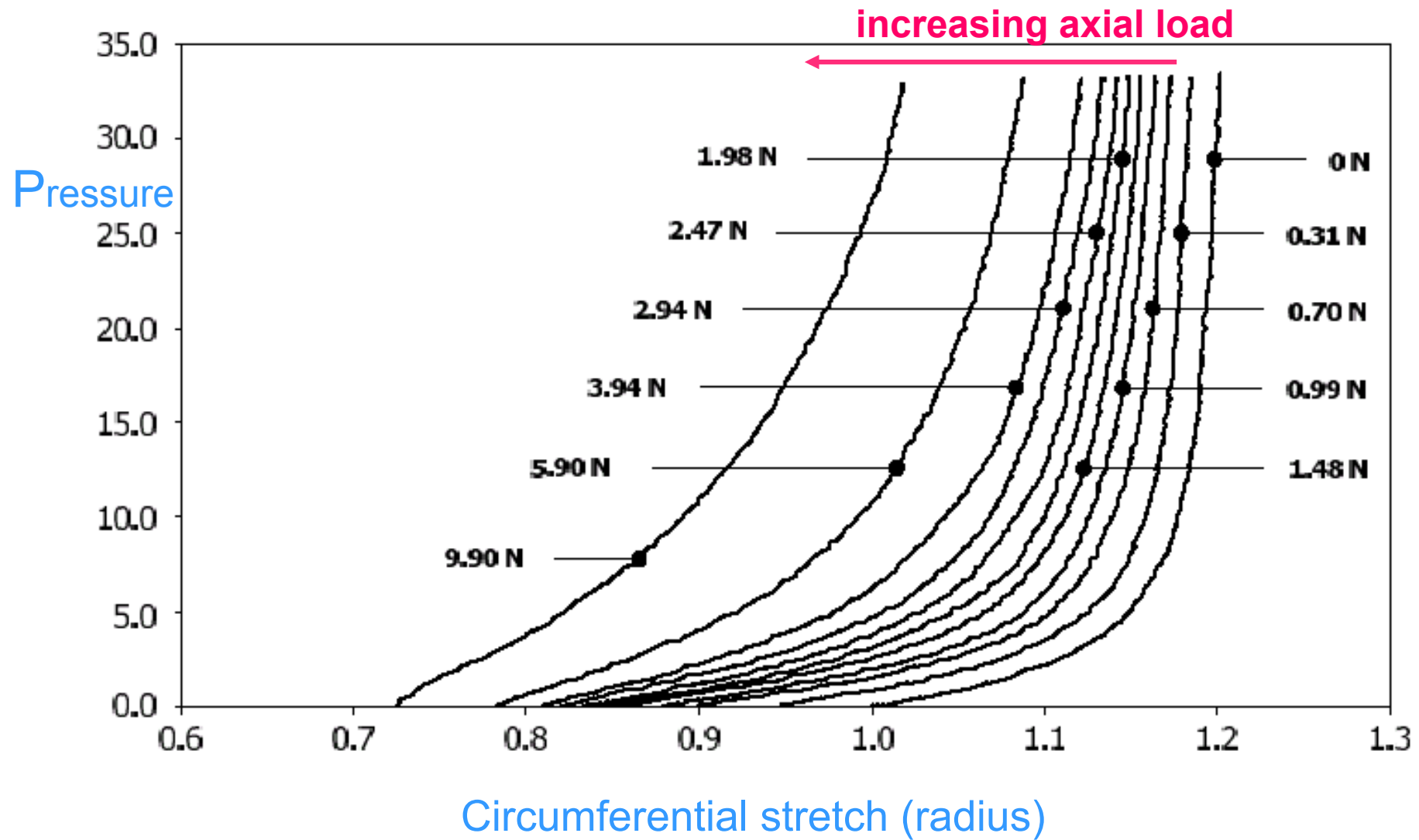
$$I_4 = \mathbf{M} \cdot (\mathbf{CM}) \quad I_6 = \mathbf{M}' \cdot (\mathbf{CM}')$$

Material constants (positive) μ_1, μ_2, μ_3

$$W_{\text{aniso}} \quad \text{only active if} \quad I_4 > 1 \quad \text{or} \quad I_6 > 1$$

Fits the data well for the overall
response of an intact arterial segment

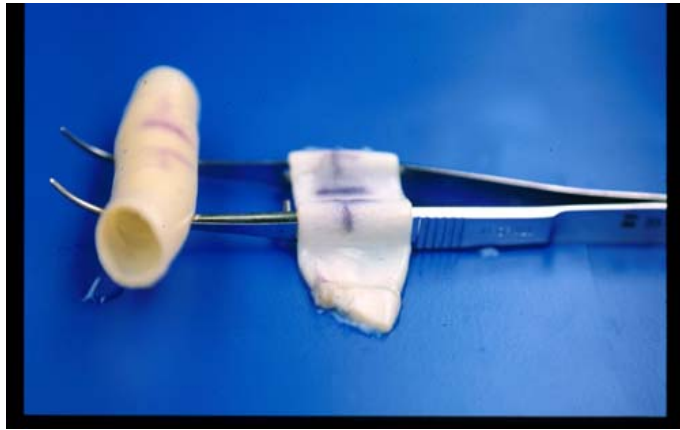
Typical data for a short arterial length



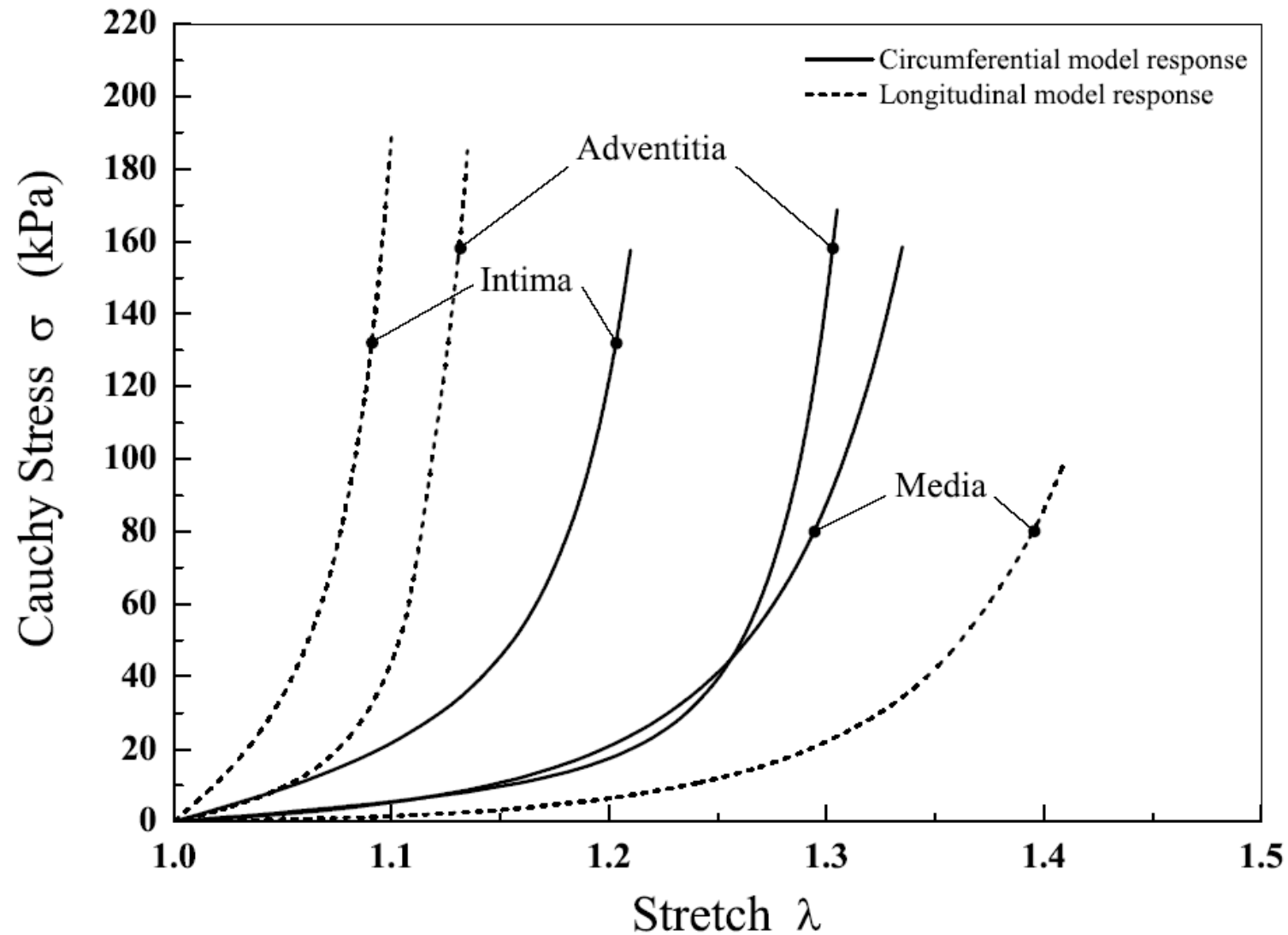
However!

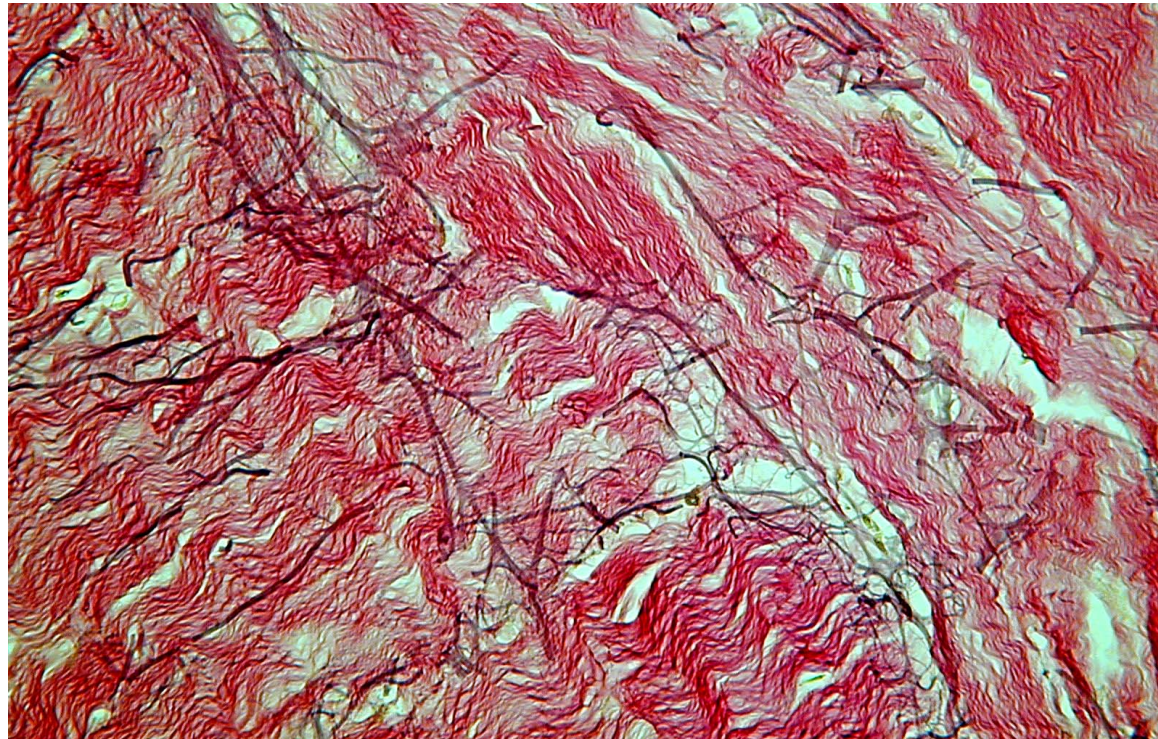
The behaviours of the separate layers
are very different

Stiffness of Media and Adventitia Compared



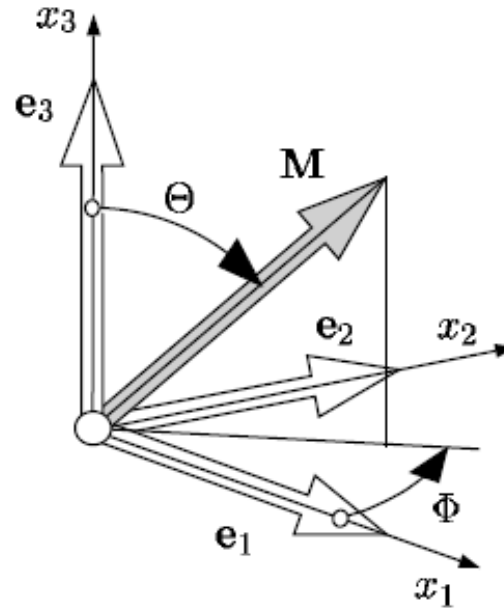
From Holzapfel, Sommer, Regitnig 2004 – mean data for
aged coronary artery layers





**Collagen fibres in an iliac artery
(adventitia)**

Description of distributed fibre orientations



$$\mathbf{M} = \sin \Theta \cos \Phi \mathbf{e}_1 + \sin \Theta \sin \Phi \mathbf{e}_2 + \cos \Theta \mathbf{e}_3$$

Orientation density distribution $\rho(\mathbf{M})$ $\rho(-\mathbf{M}) = \rho(\mathbf{M})$

Normalized
$$\frac{1}{4\pi} \int_{\omega} \rho(\mathbf{M}) d\omega = 1$$

Generalized structure tensor

$$\mathbf{H} = \frac{1}{4\pi} \int_{\omega} \rho(\mathbf{M}) \mathbf{M} \otimes \mathbf{M} d\omega \quad \longrightarrow \quad \alpha_{ij} \mathbf{e}_i \otimes \mathbf{e}_j$$

Transversely isotropic distribution $\rho(\mathbf{M}) \longrightarrow \rho(\Theta)$

$$\mathbf{H} = \kappa \mathbf{I} + (1 - 3\kappa) \mathbf{e}_3 \otimes \mathbf{e}_3$$

mean fibre direction

$$\kappa = \frac{1}{4} \int_0^{\pi} \rho(\Theta) \sin^3 \Theta d\Theta$$

Parameter calculated from given $\rho(\Theta)$

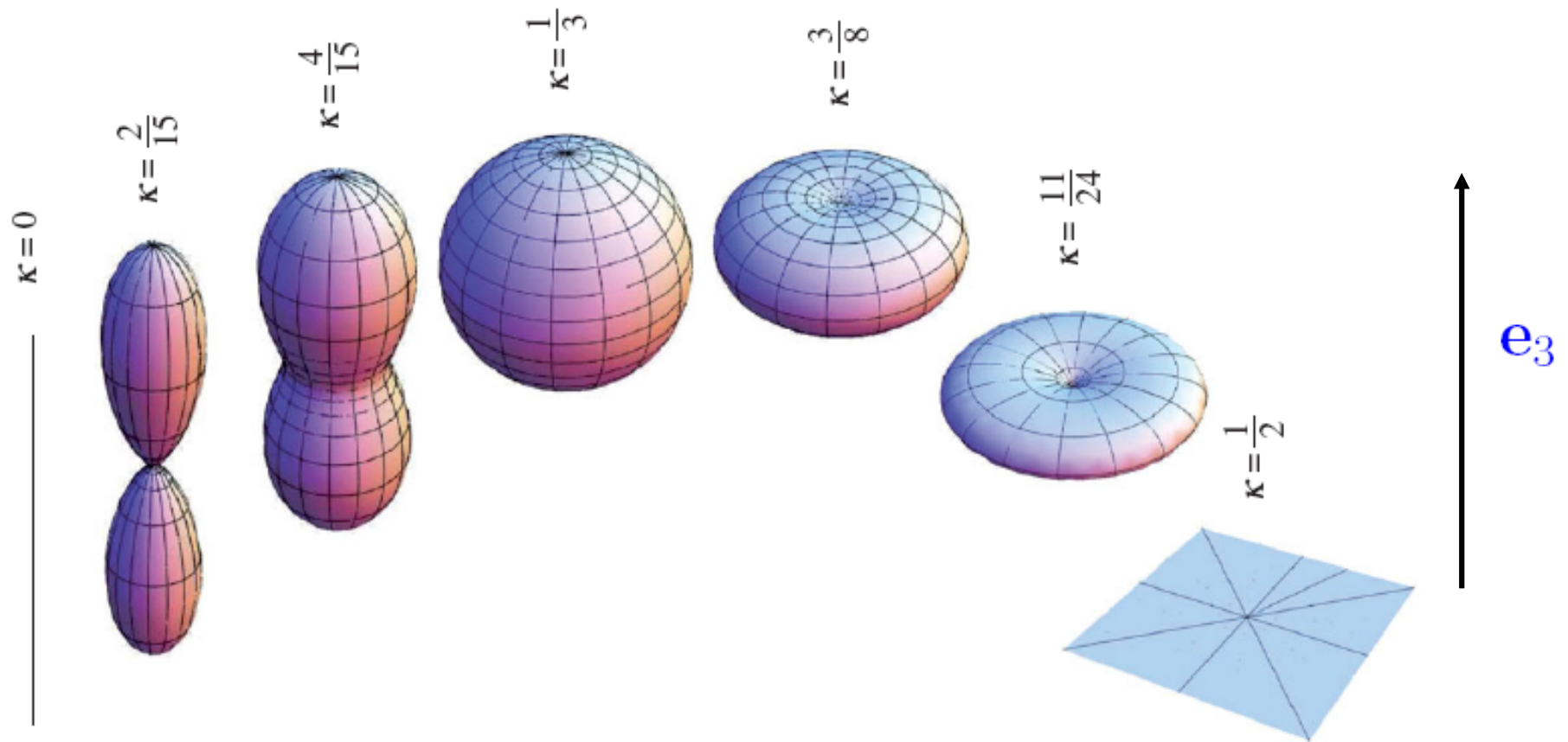
or treated as a phenomenological parameter

$$\kappa = 1/3 \longrightarrow \text{isotropy}$$

$$\kappa = 0 \longrightarrow \begin{array}{l} \text{transverse isotropy} \\ \text{no fibre dispersion} \end{array}$$



Fibre orientation distribution – illustration



Plot of $\rho(\mathbf{M})\mathbf{M}$



Deformation invariant based on

now the mean
direction

$$\mathbf{H} = \kappa \mathbf{I} + (1 - 3\kappa)\mathbf{M} \otimes \mathbf{M}$$

$$K \equiv \text{tr}(\mathbf{H}\mathbf{C}) = \underbrace{\kappa \text{tr}\mathbf{C}}_{I_1} + (1 - 3\kappa)\underbrace{\mathbf{M} \cdot (\mathbf{C}\mathbf{M})}_{I_4}$$

$$K' = \kappa \text{tr}\mathbf{C} + (1 - 3\kappa)\mathbf{M}' \cdot (\mathbf{C}\mathbf{M}')$$

$$I_4 \longrightarrow K$$

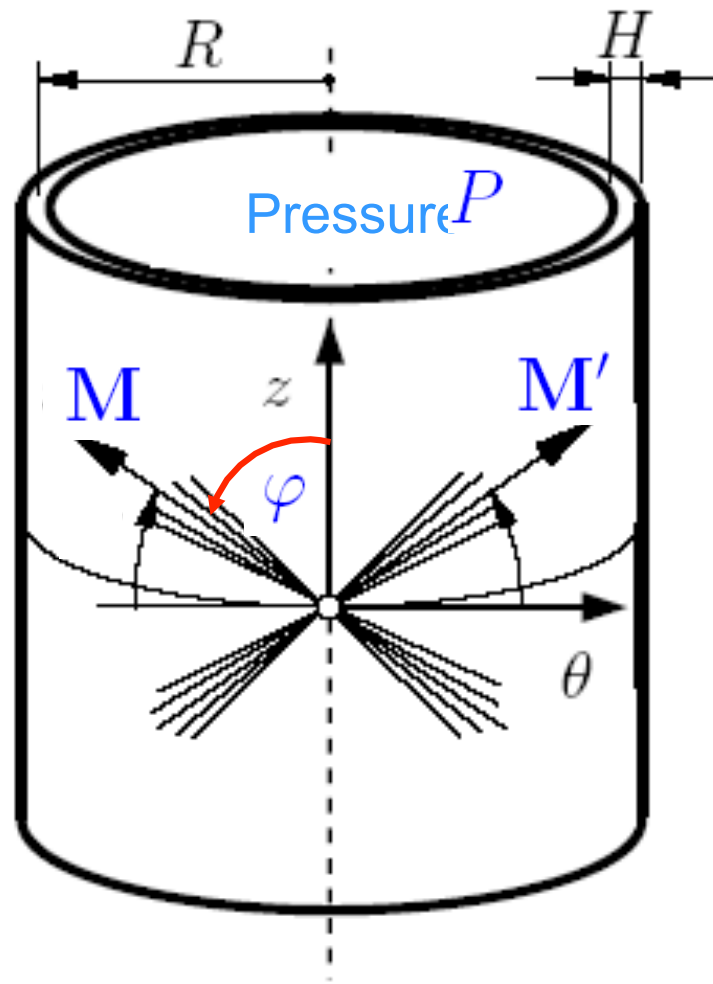
$$I_6 \longrightarrow K'$$

$$W = \frac{1}{2}\mu_1(I_1 - 3) + \frac{\mu_2}{2\mu_3} \left\{ \exp[\mu_3(K - 1)^2] + \exp[\mu_3(K' - 1)^2] - 2 \right\}$$

material constants



Application to a **thin**-walled tube



$$W \longrightarrow \hat{W}(\lambda, \lambda_z)$$

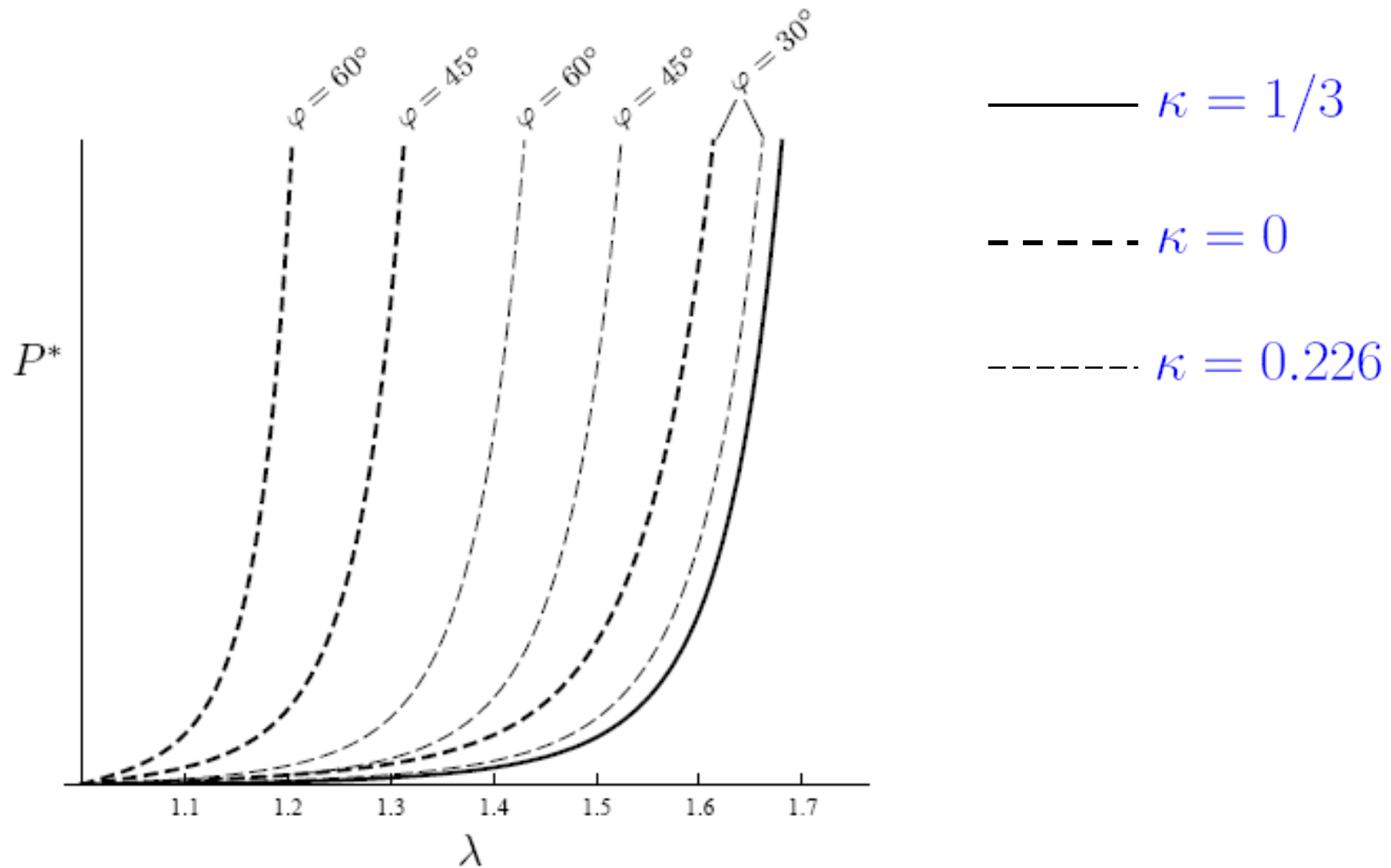
$$P^* \equiv \frac{PR}{H} = \lambda^{-1} \lambda_z^{-1} \frac{\partial \hat{W}}{\partial \lambda}$$

reduced axial load

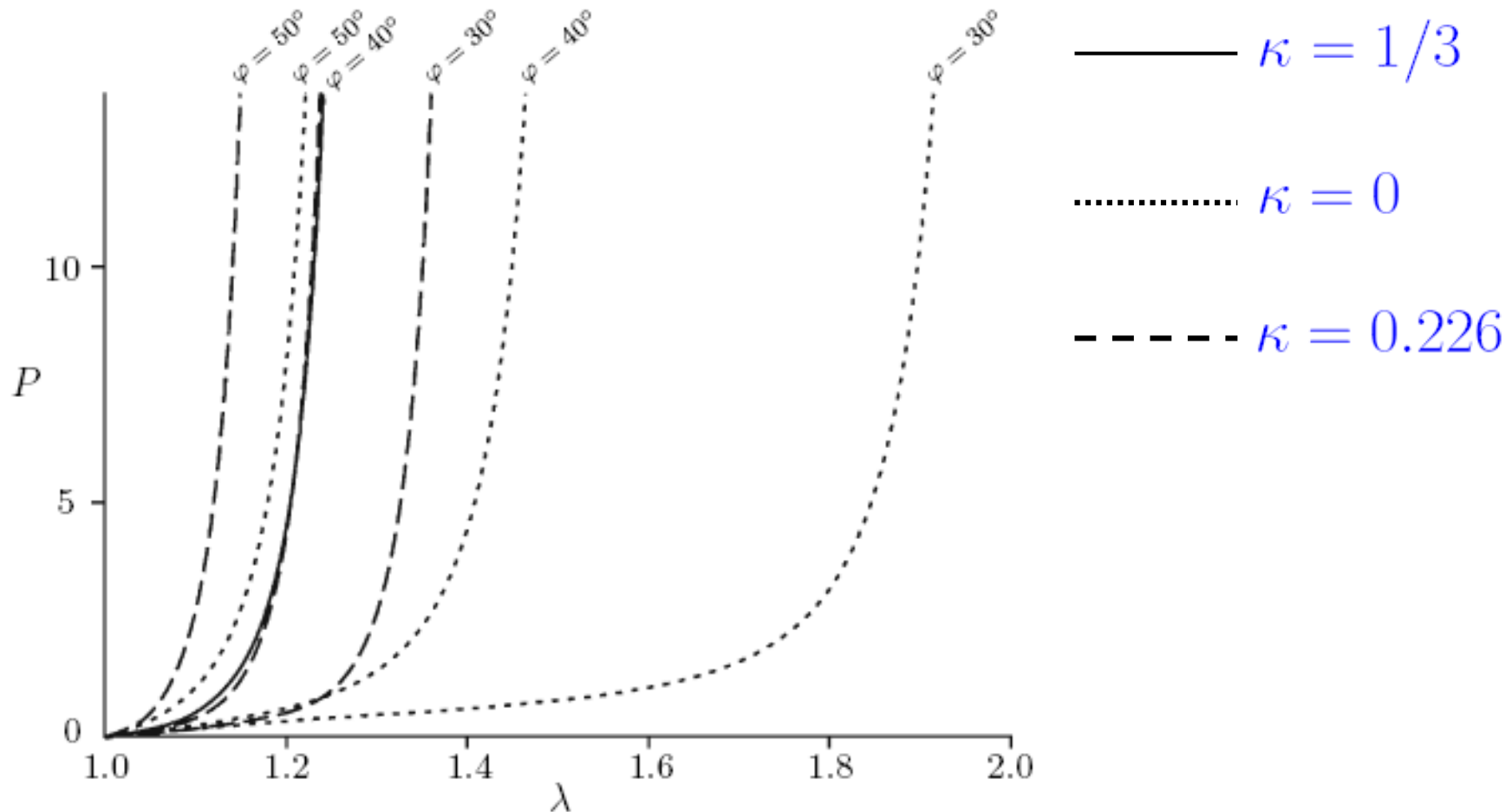
$$F^* \equiv \frac{F}{2\pi RH} = \frac{\partial \hat{W}}{\partial \lambda_z} - \frac{1}{2} \lambda^2 P^*$$



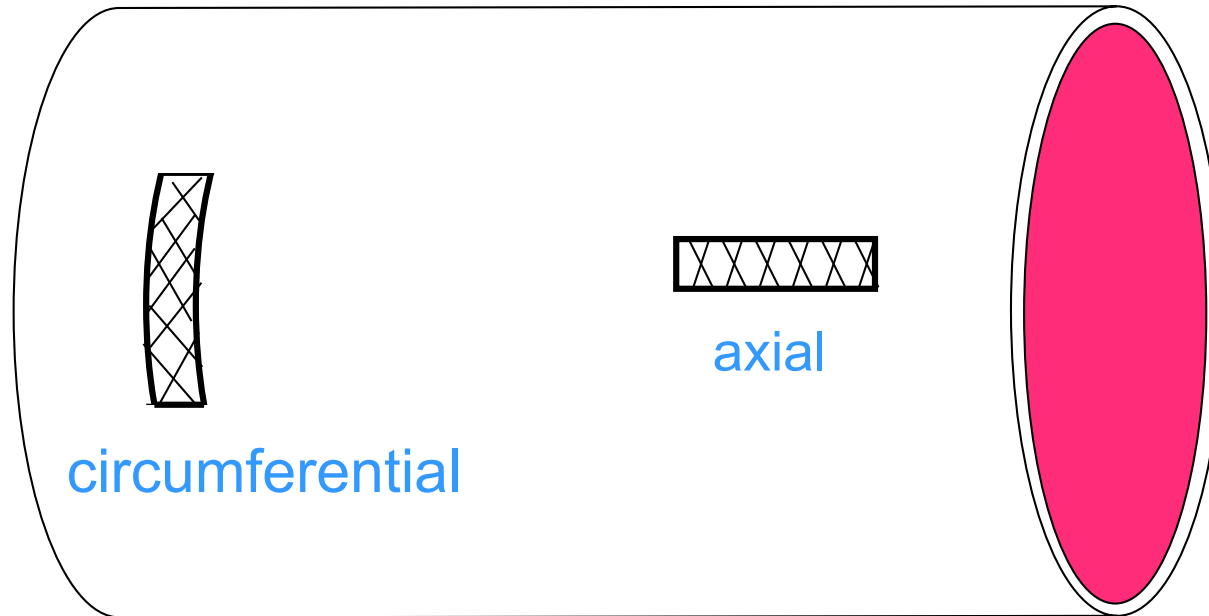
Pressure vs circumferential stretch for a tube
with $\lambda_z = 1$



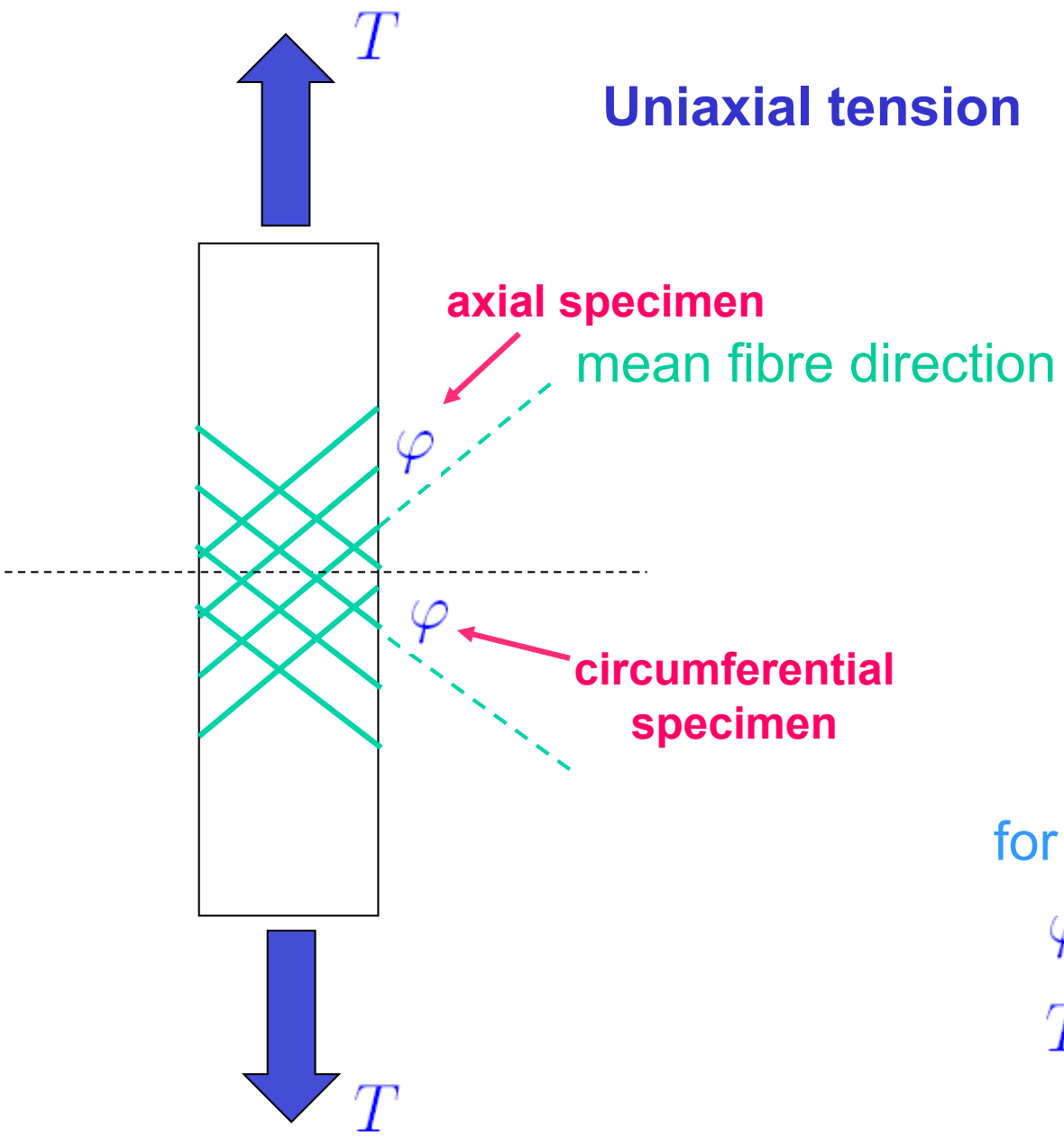
Pressure vs circumferential stretch for a tube
with $F = 0$ (P in kPa)



Application to uniaxial tension of axial and circumferential strips



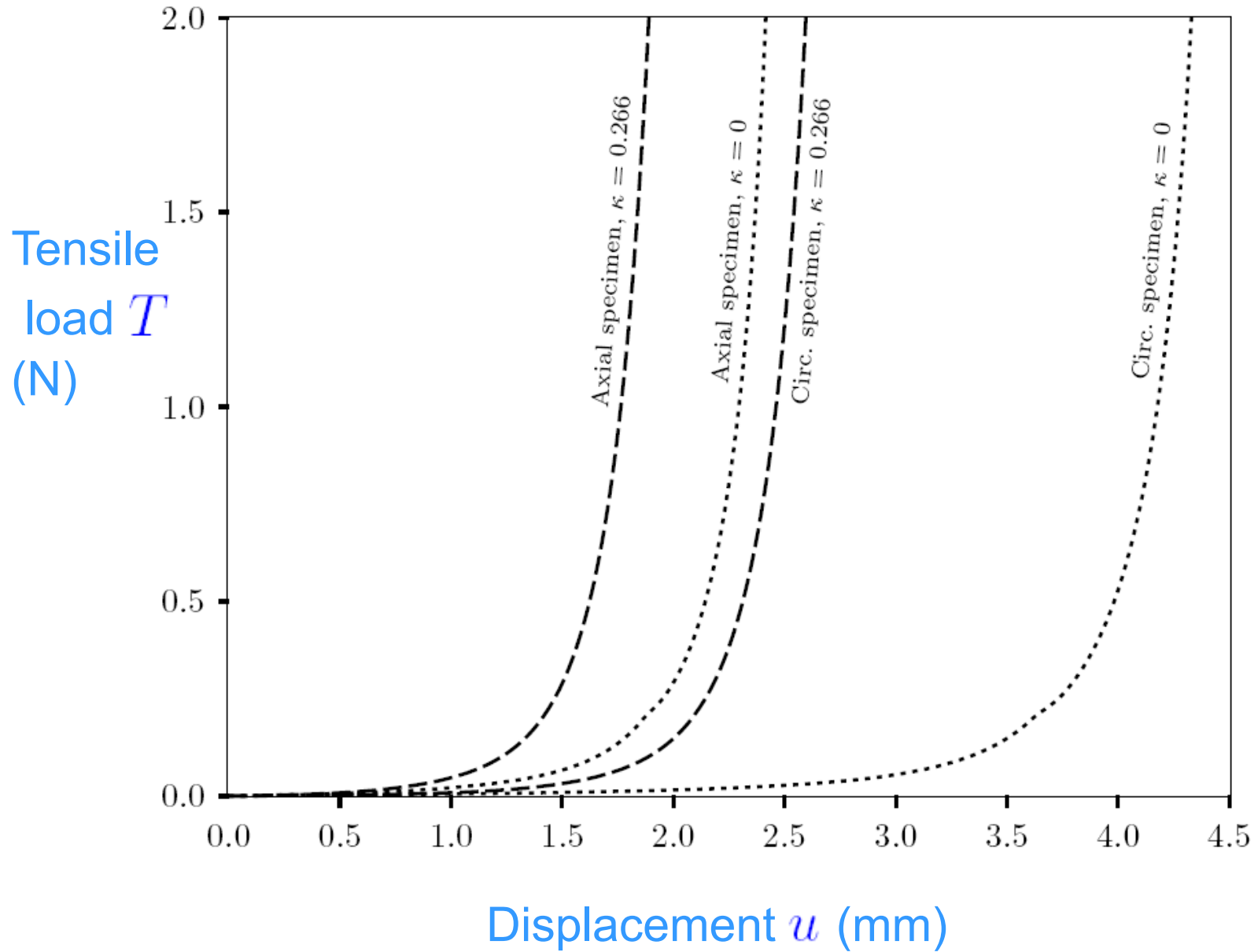
Uniaxial tension



for simulations

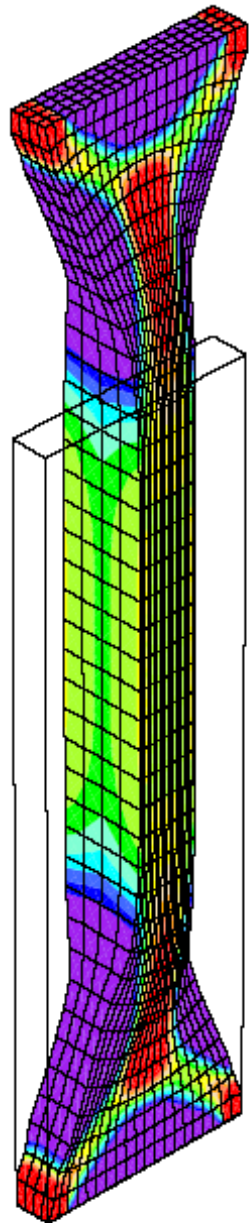
$$\varphi = 40^\circ$$

$$T = 1 \text{ N}$$

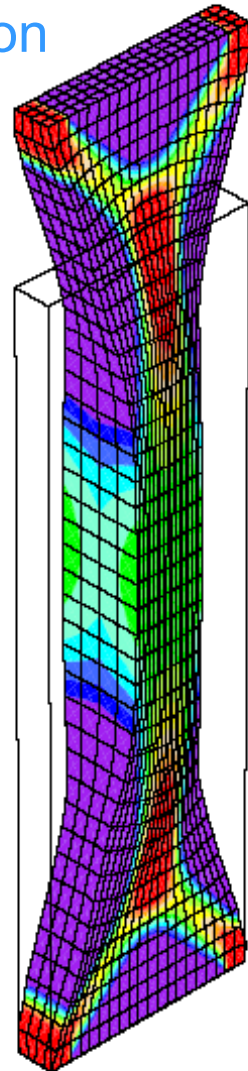
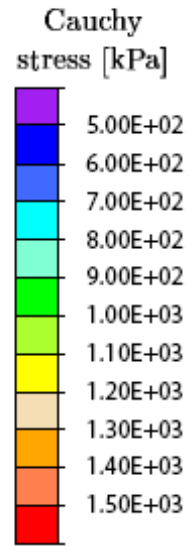


FE simulation – uniaxial tension

No fibre dispersion

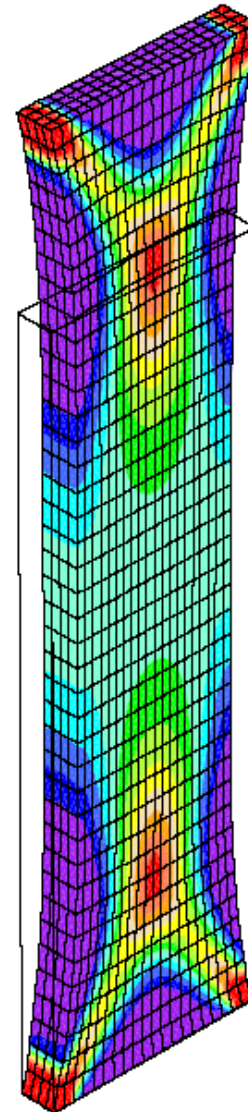


Circ. specimen

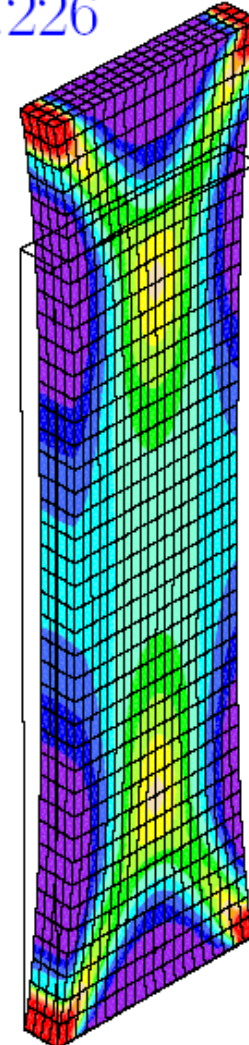
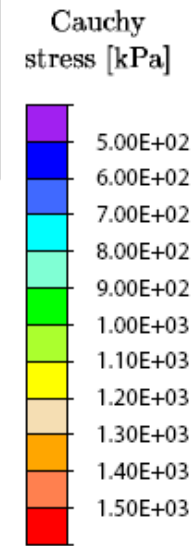


Axial specimen

Fibre dispersion
 $\kappa = 0.226$



Circ. specimen



Axial specimen



Conclusion

In modelling the mechanics of soft tissue
it is essential to account for the dispersion of
collagen fibre directions

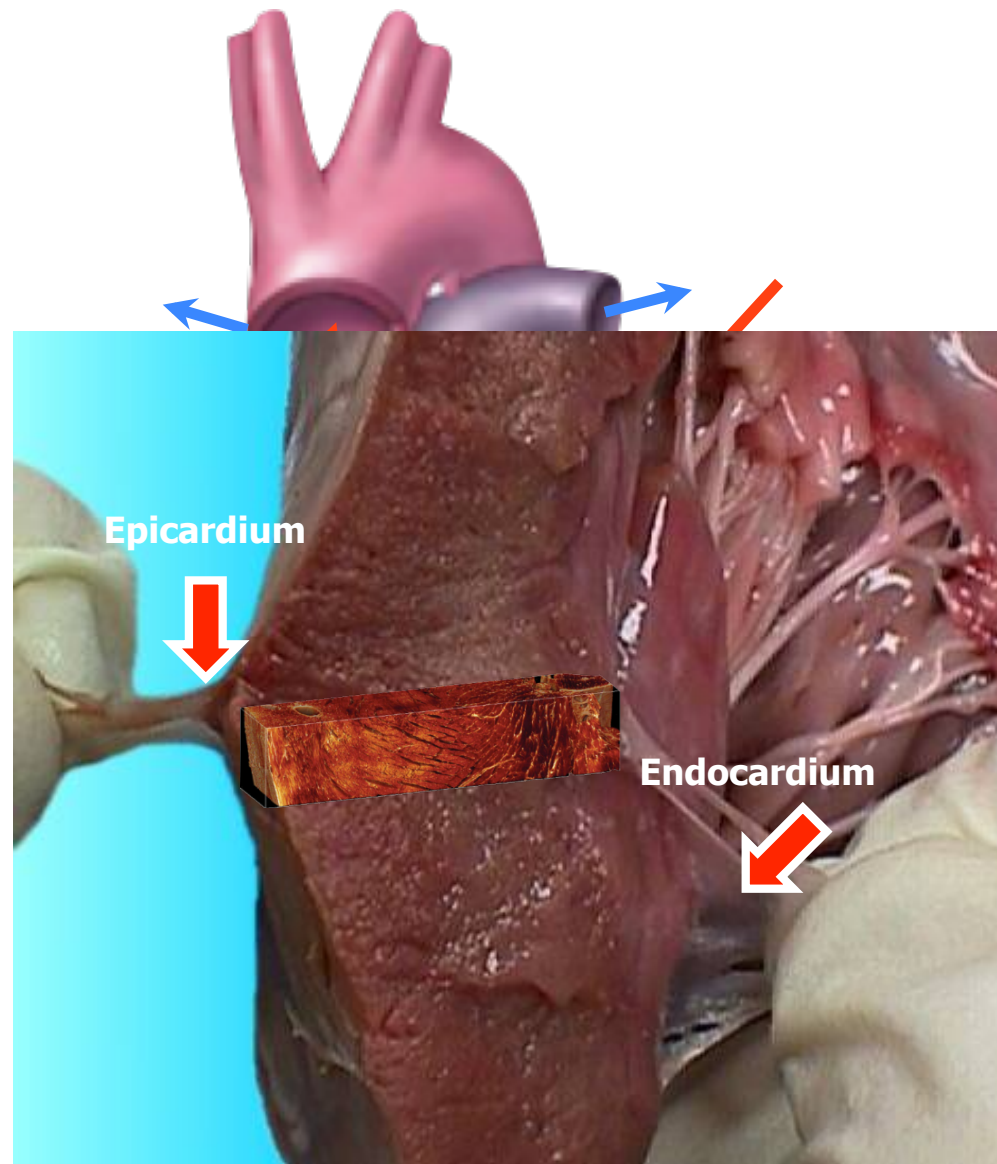
– it has a substantial effect

Reference

Gasser, Ogden, Holzapfel *J. R. Soc. Interface* (2006)

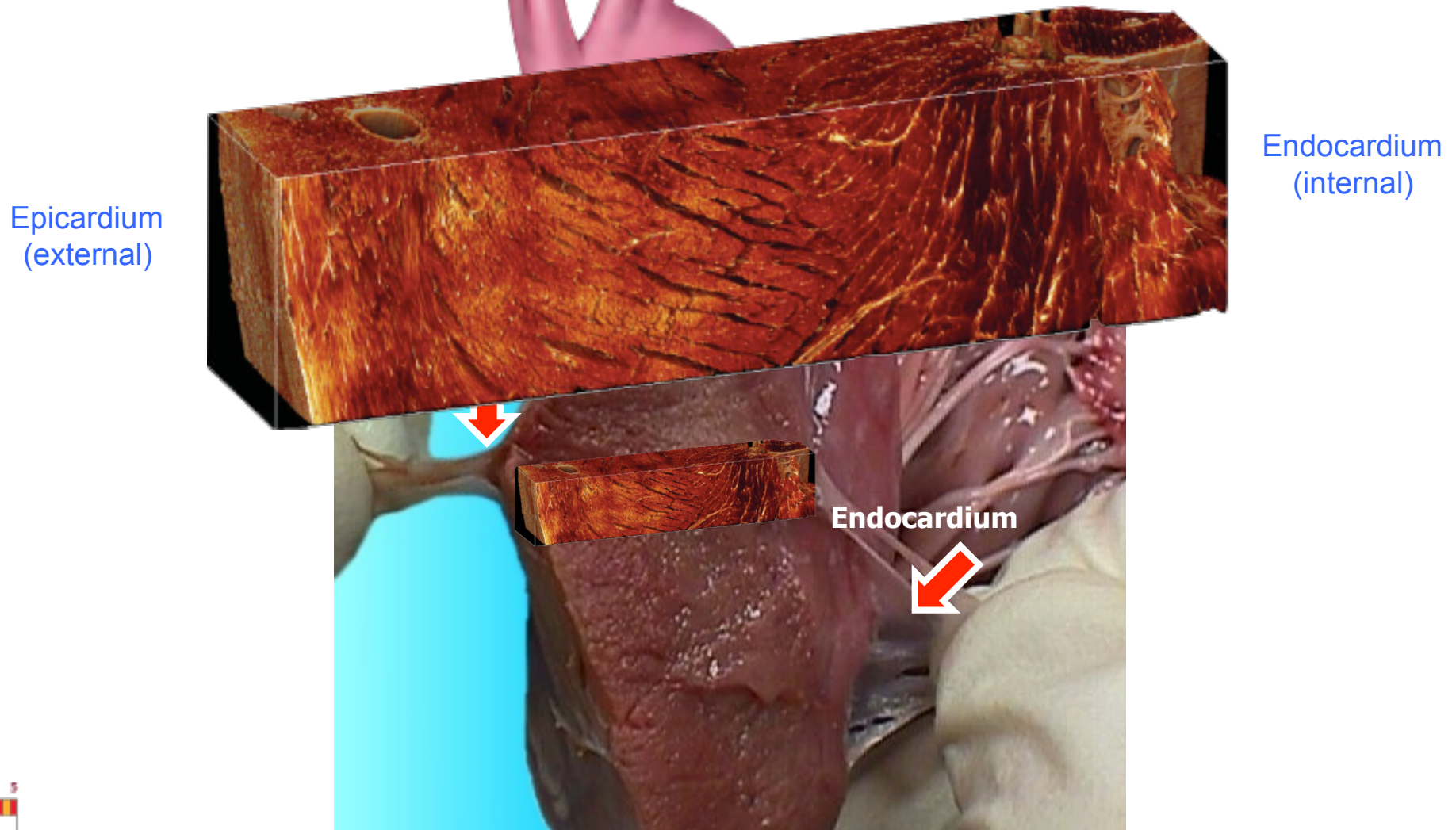
Structure and Modelling of the Myocardium

Anatomy of the Heart



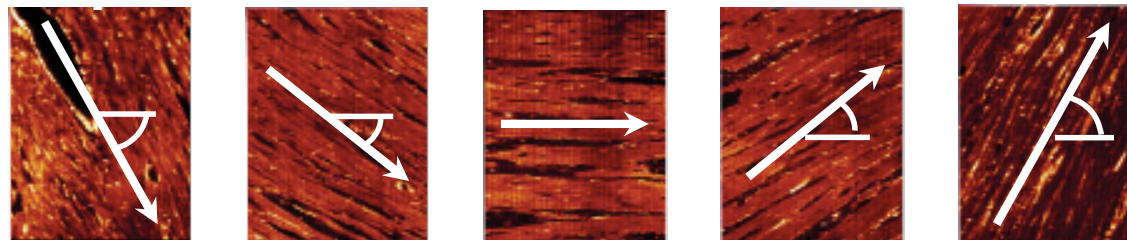
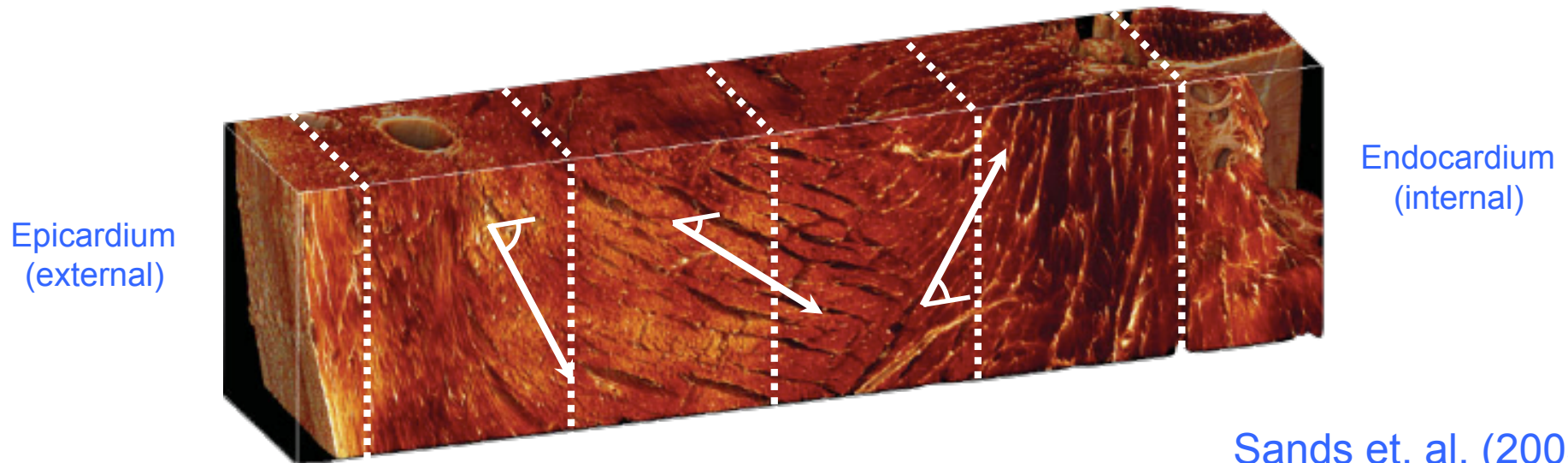
Anatomy of the Heart

Change of the 3D layered organization of myocytes through the wall thickness



Structure of the Left Ventricle Wall

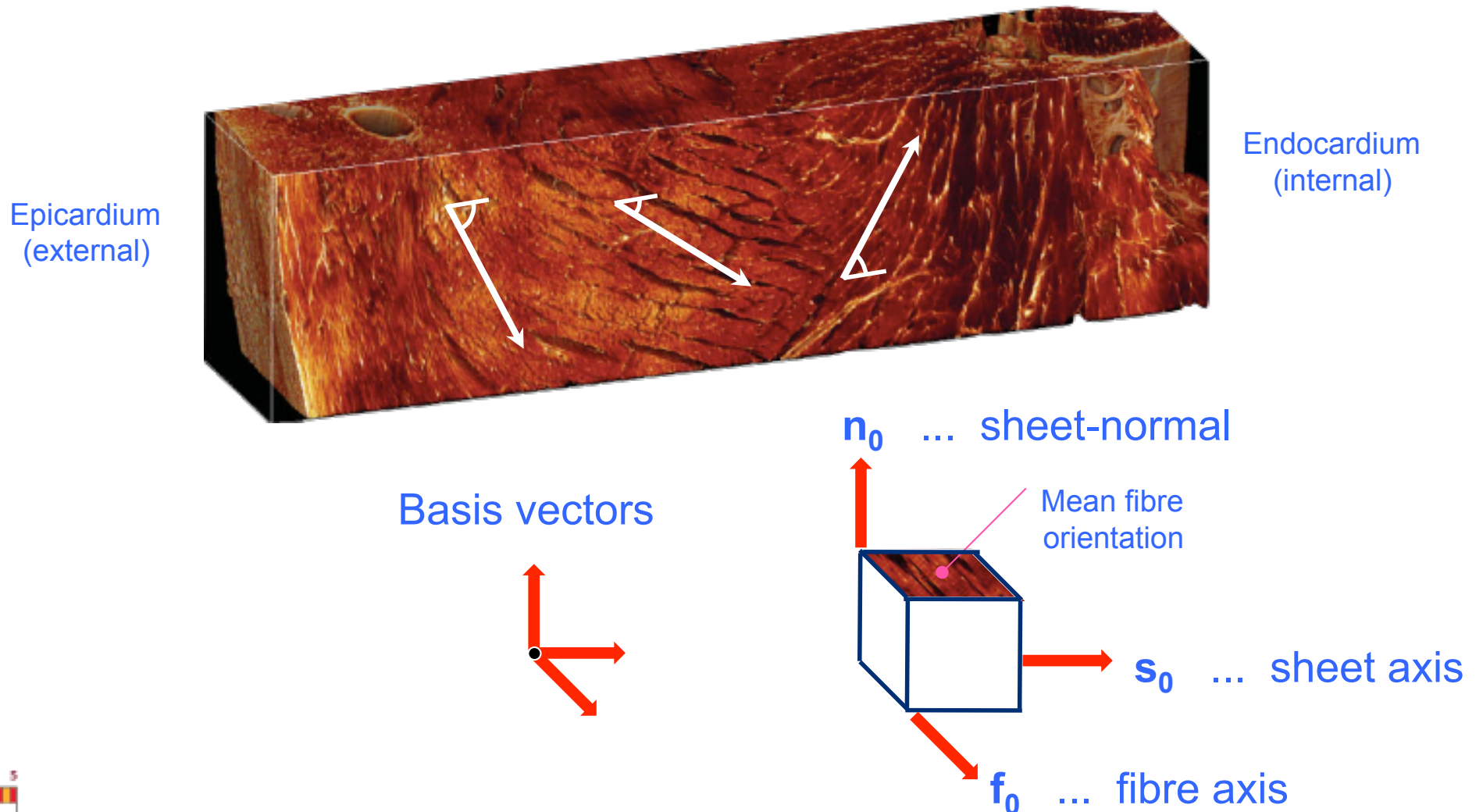
Change of the 3D layered organization of myocytes through the wall thickness



Locally: three mutually orthogonal directions can be identified forming planes with distinct material responses

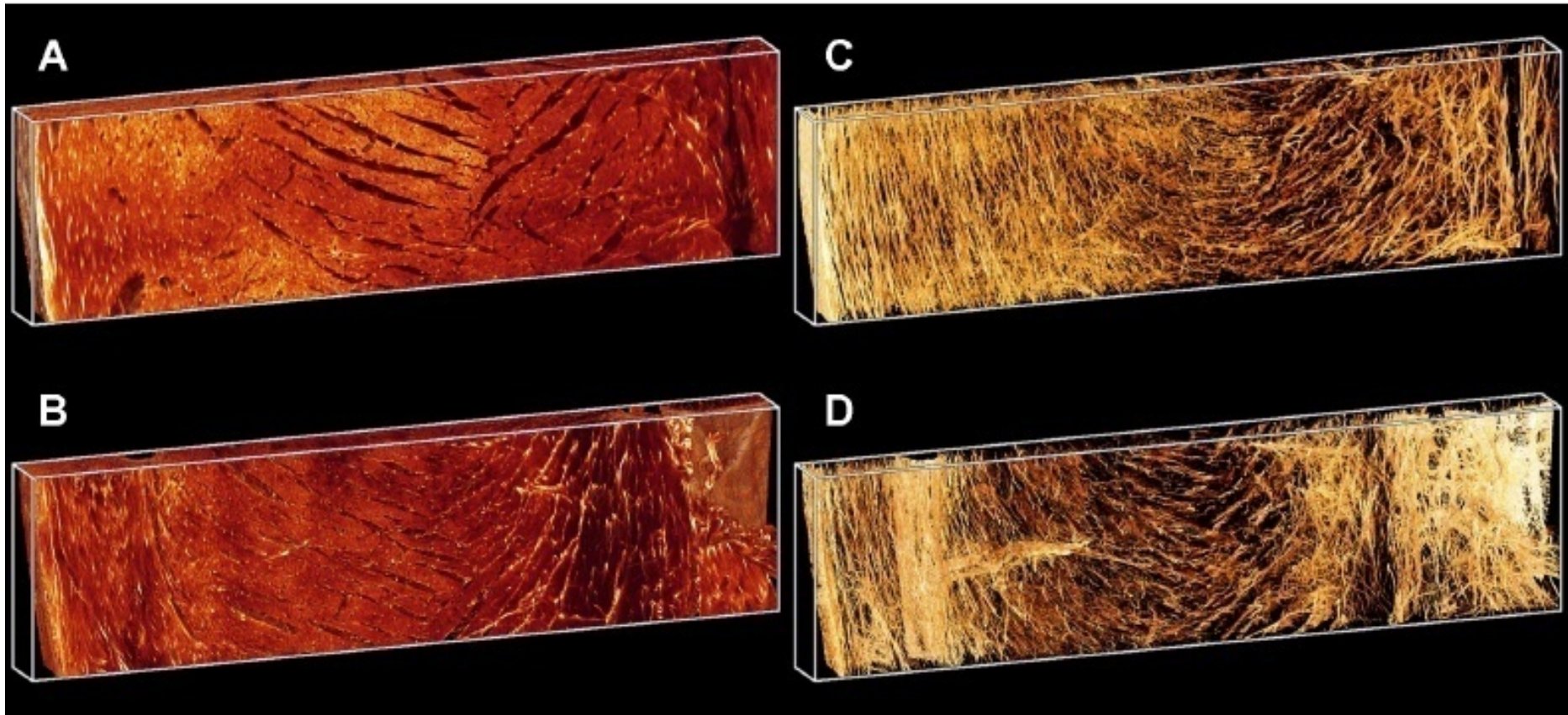
Structure of the Left Ventricle Wall

Change of the 3D layered organization of myocytes through the wall thickness



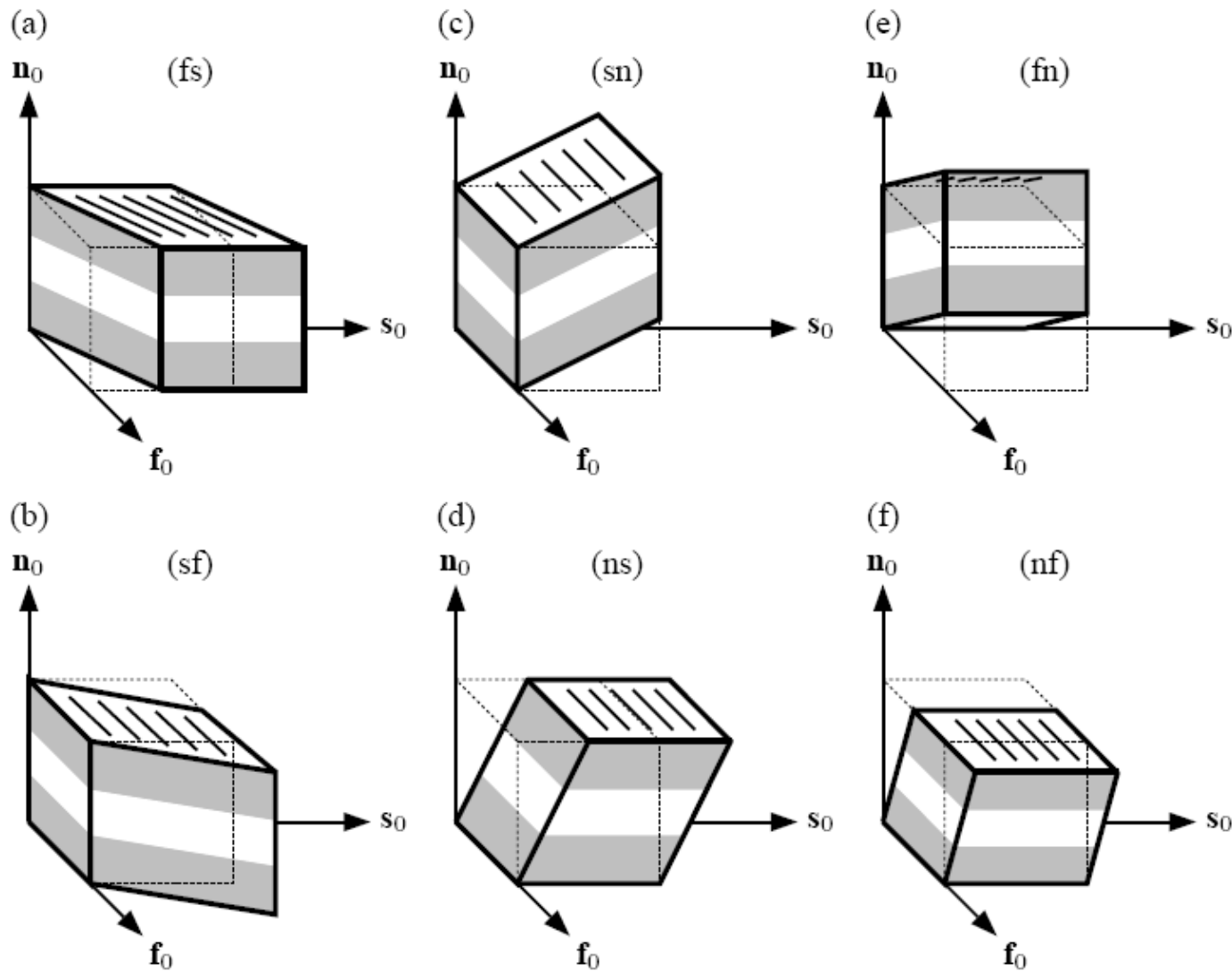
An alternative view

from Pope et al. (2008)



collagen fibres exposed

Simple Shear of a Cube



6 modes of simple shear

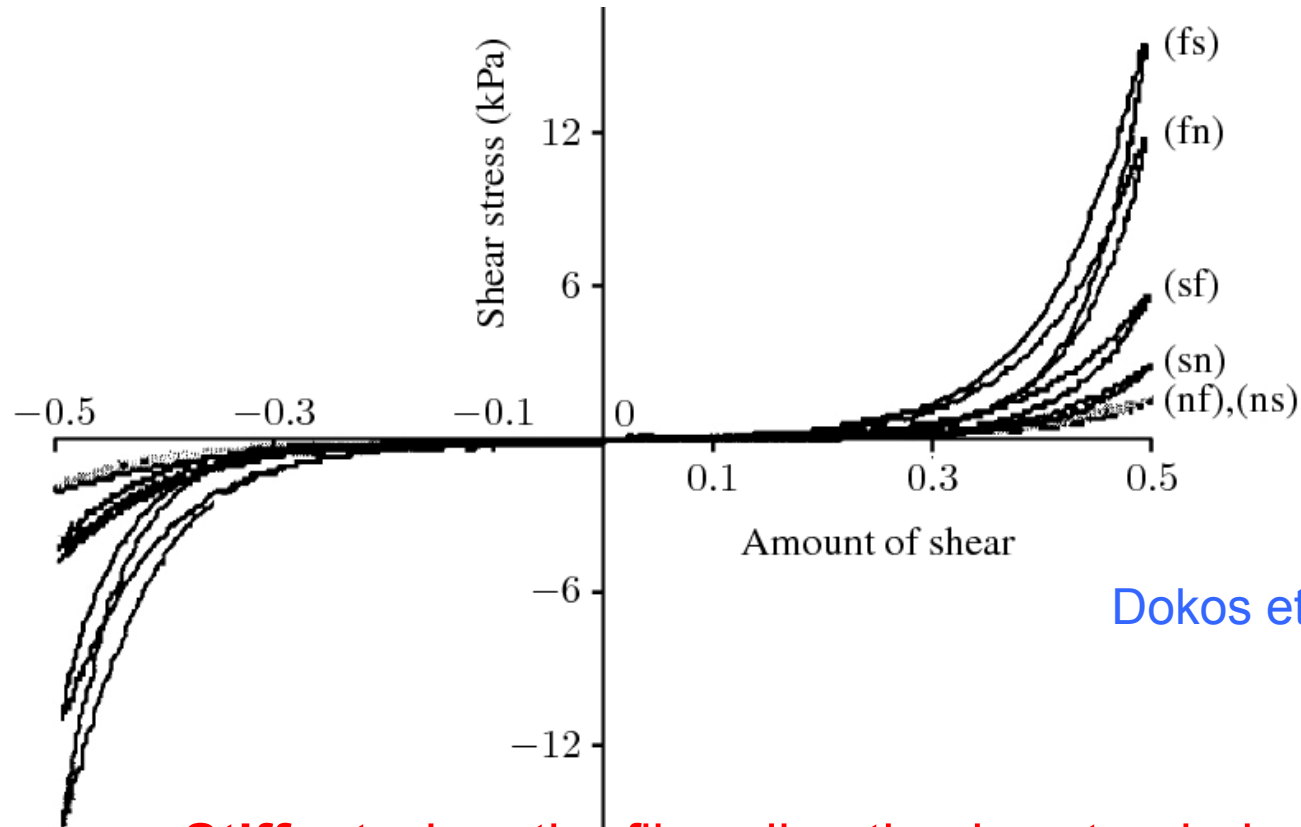


UNIVERSITY
OF ABERDEEN

Lectures, Xi'an, April 2011

Mechanics of the Myocardium

Simple shear tests on a cube of a typical myocardial specimen in the fs, fn and sn planes



Dokos et al. (2002)

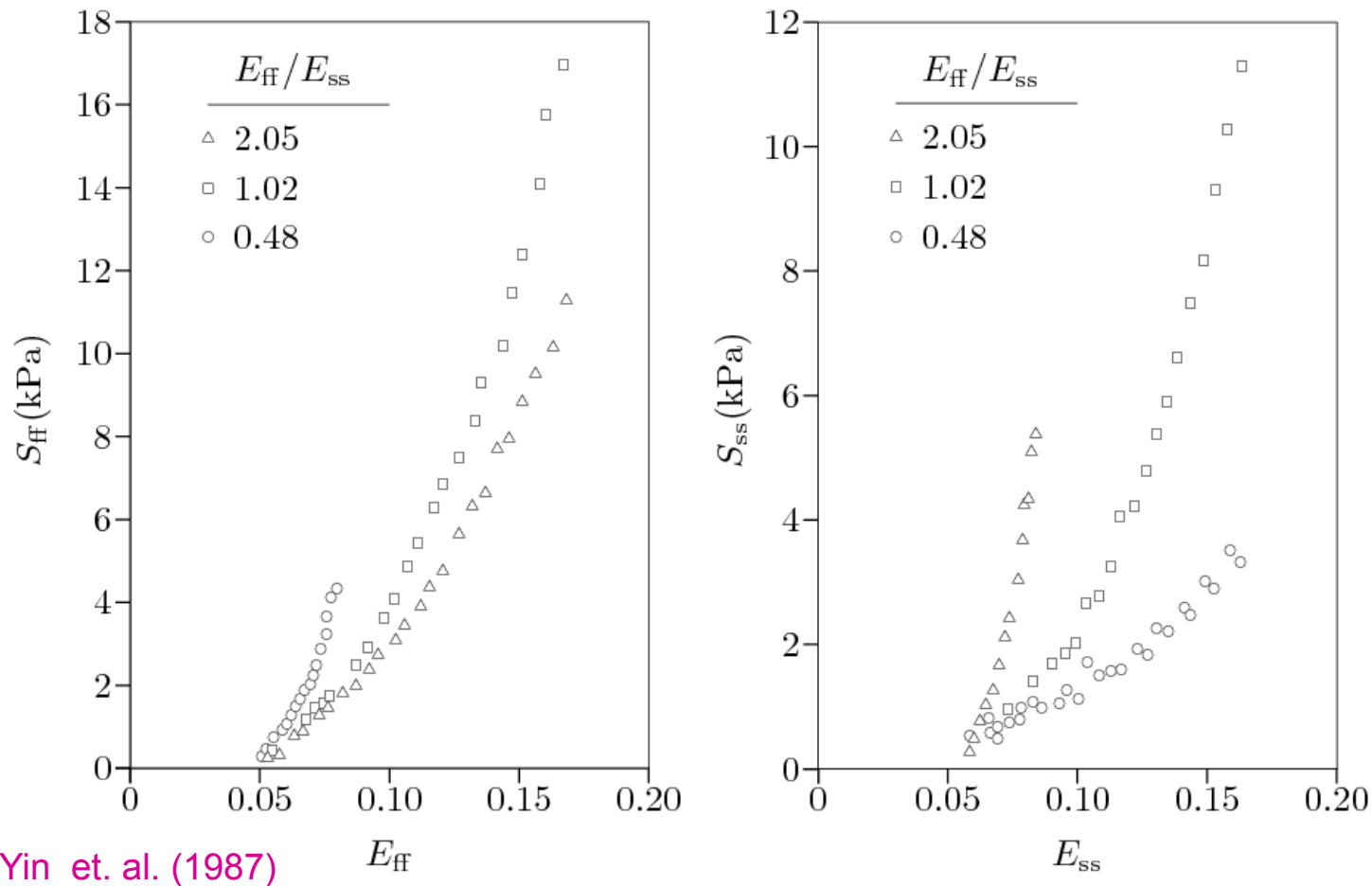
Stiffest when the fibre direction is extended
Least stiff for normal direction
Intermediate stiffness for sheet direction

C o n s e q u e n c e

Within the context of (incompressible, nonlinear) elasticity theory, myocardium should be modelled as a non-homogenous, thick-walled, **orthotropic**, material

Mechanics of the Myocardium

Biaxial loading in the fs plane of canine left ventricle



Yin et. al. (1987)

The only biaxial data available!

Limitations: e.g. no data in the low-strain region (0 – 0.05)

Structurally Based Model

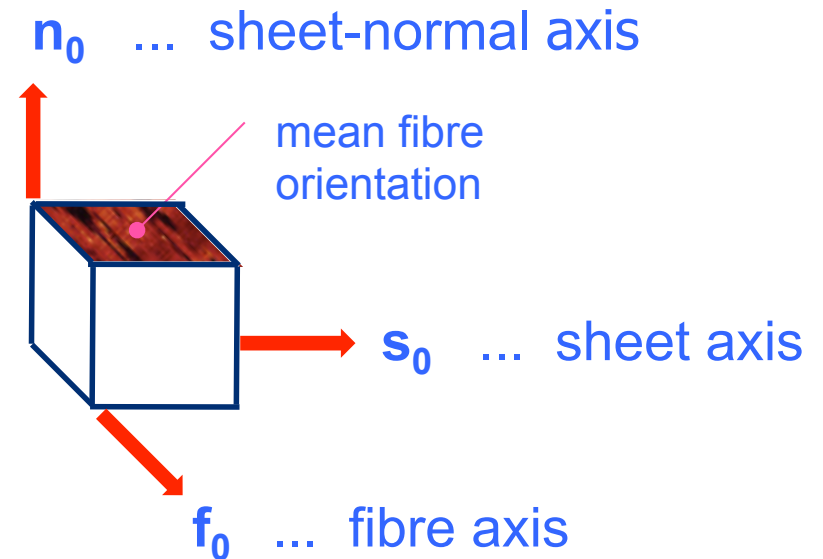
Define

$$I_{4f} = \mathbf{f}_0 \cdot (\mathbf{C}\mathbf{f}_0)$$

$$I_{4s} = \mathbf{s}_0 \cdot (\mathbf{C}\mathbf{s}_0)$$

$$I_{4n} = \mathbf{n}_0 \cdot (\mathbf{C}\mathbf{n}_0)$$

$$\sum_{i=f,s,n} I_{4i} = I_1$$



$$I_{8fs} = I_{8sf} = \mathbf{f}_0 \cdot (\mathbf{C}\mathbf{s}_0)$$

$$I_{8fn} = I_{8nf} = \mathbf{f}_0 \cdot (\mathbf{C}\mathbf{n}_0)$$

$$I_{8sn} = I_{8ns} = \mathbf{s}_0 \cdot (\mathbf{C}\mathbf{n}_0)$$

direction coupling invariants

I_{5f}, I_{5s}, I_{5n}

expressible in terms of the other invariants



Structurally Based Model

General framework \longrightarrow

compressible material: 7 independent invariants

$$I_1 \quad I_2 \quad I_{4f} \quad I_{4s} \quad I_{8fs} \quad I_{8fn} \quad I_{8ns}$$

incompressible material: 6 independent invariants

$$I_1 \quad / I_2 \quad I_{4f} \quad I_{4s} \quad I_{8fs} \quad I_{8fn}$$

Cauchy stress tensor

isotropic contribution

anisotropic contribution

$$\boldsymbol{\sigma} = \underbrace{2\psi_1 \mathbf{B} - p \mathbf{I}}_{\text{isotropic contribution}} + \underbrace{2\psi_{4f} \mathbf{f} \otimes \mathbf{f} + 2\psi_{4s} \mathbf{s} \otimes \mathbf{s} + \psi_{8fs} (\mathbf{f} \otimes \mathbf{s} + \mathbf{s} \otimes \mathbf{f})}_{\text{anisotropic contribution}}$$

$$\mathbf{B} = \mathbf{F} \mathbf{F}^T$$

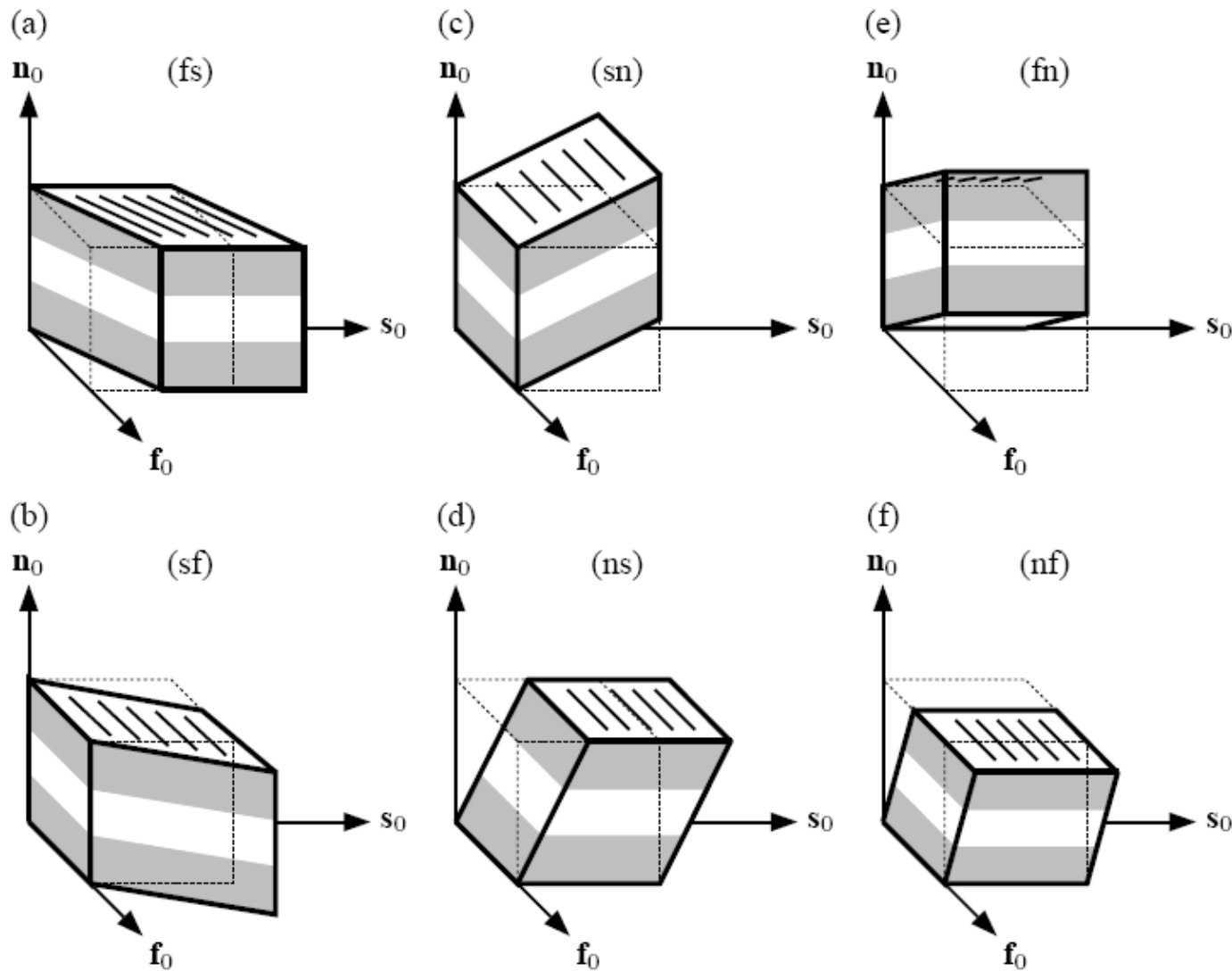
left Cauchy-Green tensor

$$\mathbf{f} = \mathbf{F} \mathbf{f}_0 \quad + \psi_{8fn} (\mathbf{f} \otimes \mathbf{n} + \mathbf{n} \otimes \mathbf{f})$$

$$\mathbf{s} = \mathbf{F} \mathbf{s}_0$$



Simple Shear of a Cube



6 modes of simple shear



UNIVERSITY
OF ABERDEEN

Lectures, Xi'an, April 2011

Simple Shear of a Cube

Shear stress versus amount of shear γ for the 6 modes:

$$\text{(fs): } \sigma_{fs} = 2(\psi_1 + \psi_2 + \psi_{4f})\gamma + \psi_8 \text{ fs}$$

$$\text{(fn): } \sigma_{fn} = 2(\psi_1 + \psi_2 + \psi_{4f})\gamma + \psi_8 \text{ fn}$$

$$\text{(sf): } \sigma_{fs} = 2(\psi_1 + \psi_2 + \psi_{4s})\gamma + \psi_8 \text{ fs}$$

$$\text{(sn): } \sigma_{sn} = 2(\psi_1 + \psi_2 + \psi_{4s})\gamma$$

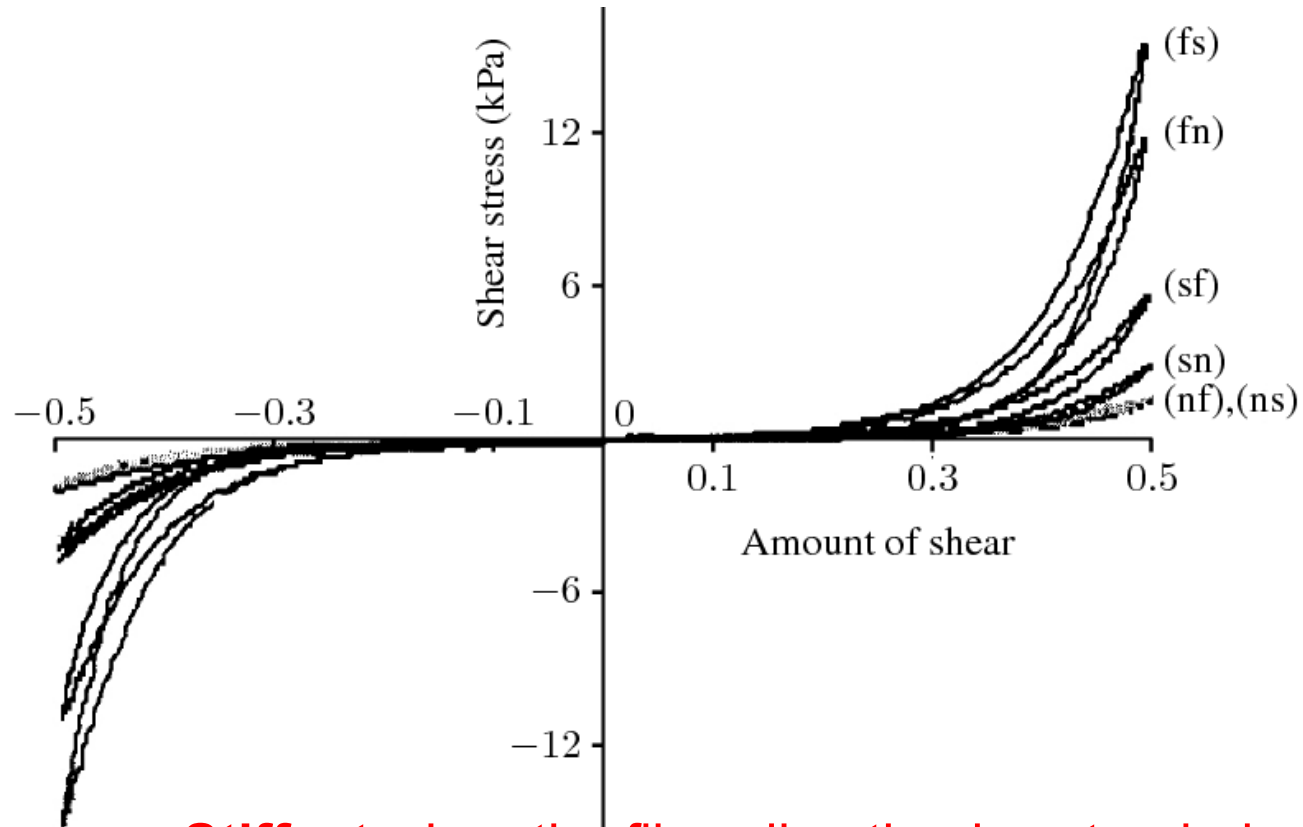
$$\text{(nf): } \sigma_{fn} = 2(\psi_1 + \psi_2)\gamma + \psi_8 \text{ fn}$$

$$\text{(ns): } \sigma_{sn} = 2(\psi_1 + \psi_2)\gamma$$

The modes in which the fibres are stretched are (fs) and (fn)

Dokos et al. (2002) data

Simple shear tests on a cube of a typical myocardial specimen in the fs, fn and sn planes



Stiffest when the fibre direction is extended
Least stiff for normal direction
Intermediate stiffness for sheet direction

Simple Shear of a Cube

Shear stress versus amount of shear for the 6 modes:

$$(fs): \quad \sigma_{fs} = 2(\psi_1 + \psi_2 + \psi_{4f})\gamma + \psi_{8fs}$$

$$(fn): \quad \sigma_{fn} = 2(\psi_1 + \psi_2 + \psi_{4f})\gamma + \cancel{\psi_{8fn}}$$

$$(sf): \quad \sigma_{fs} = 2(\psi_1 + \psi_2 + \psi_{4s})\gamma + \psi_{8fs}$$

$$(sn): \quad \sigma_{sn} = 2(\psi_1 + \psi_2 + \psi_{4s})\gamma$$

$$(nf): \quad \sigma_{fn} = 2(\psi_1 + \psi_2)\gamma + \cancel{\psi_{8fn}}$$

$$(ns): \quad \sigma_{sn} = 2(\psi_1 + \psi_2)\gamma$$

The modes in which the fibres are stretched are (fs) and (fn)

A Specific Strain-energy Function

$$\Psi(I_1, I_{4f}, I_{4s}, I_{8fs}) \longrightarrow$$

$$\Psi = \frac{a}{2b} \exp[b(I_1 - 3)]$$

isotropic term

$$+ \sum_{i=f,s} \frac{a_i}{2b_i} \{ \exp[b_i(I_{4i} - 1)^2] - 1 \}$$

transversely isotropic terms

$$I_{4f} > 1 \quad I_{4s} > 1$$

$$+ \frac{a_{fs}}{2b_{fs}} [\exp(b_{fs} I_{8fs}^2) - 1]$$

orthotropic term

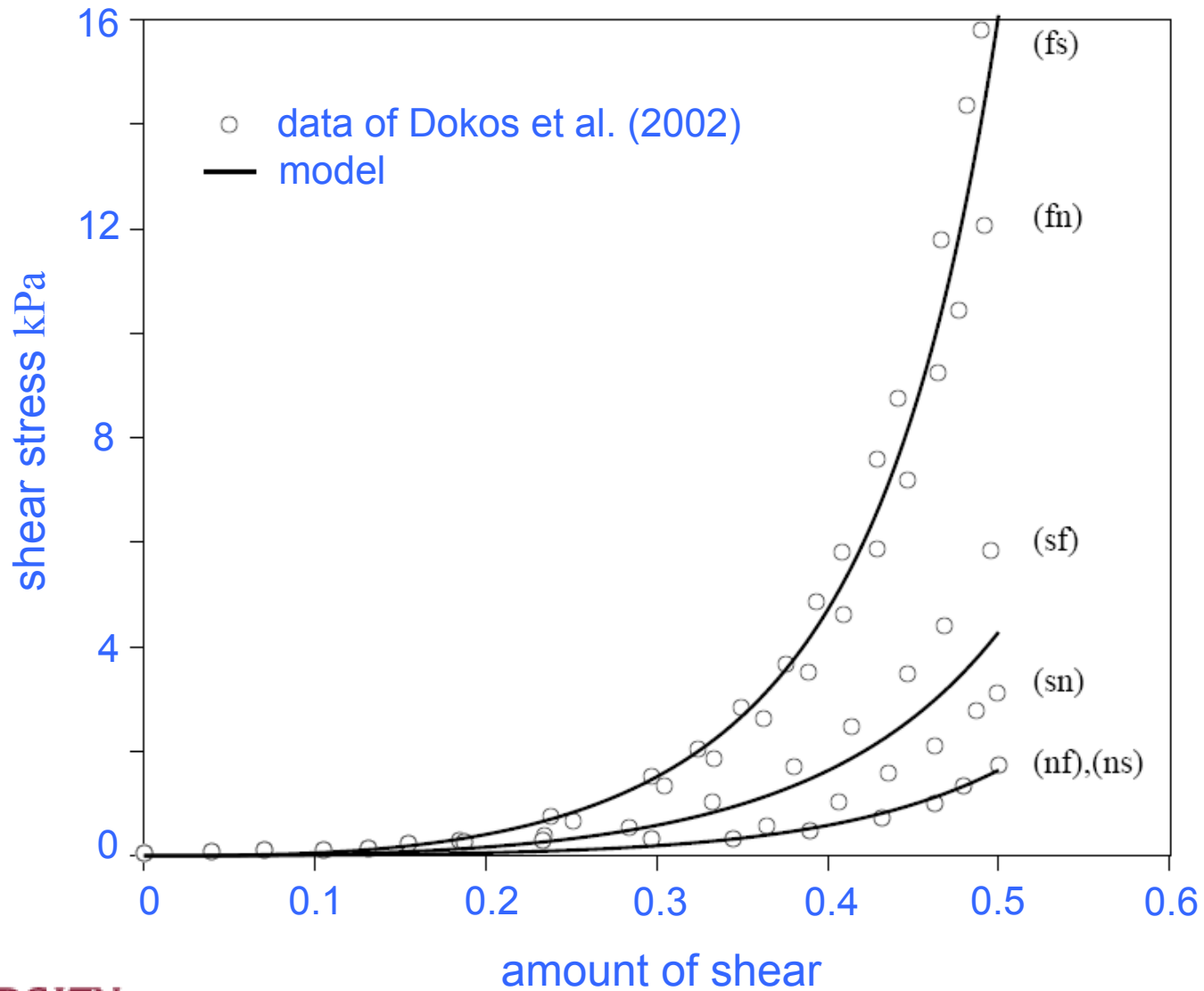
discriminates shear behaviour

8 constants a b a_f a_s b_f b_s a_{fs} b_{fs}



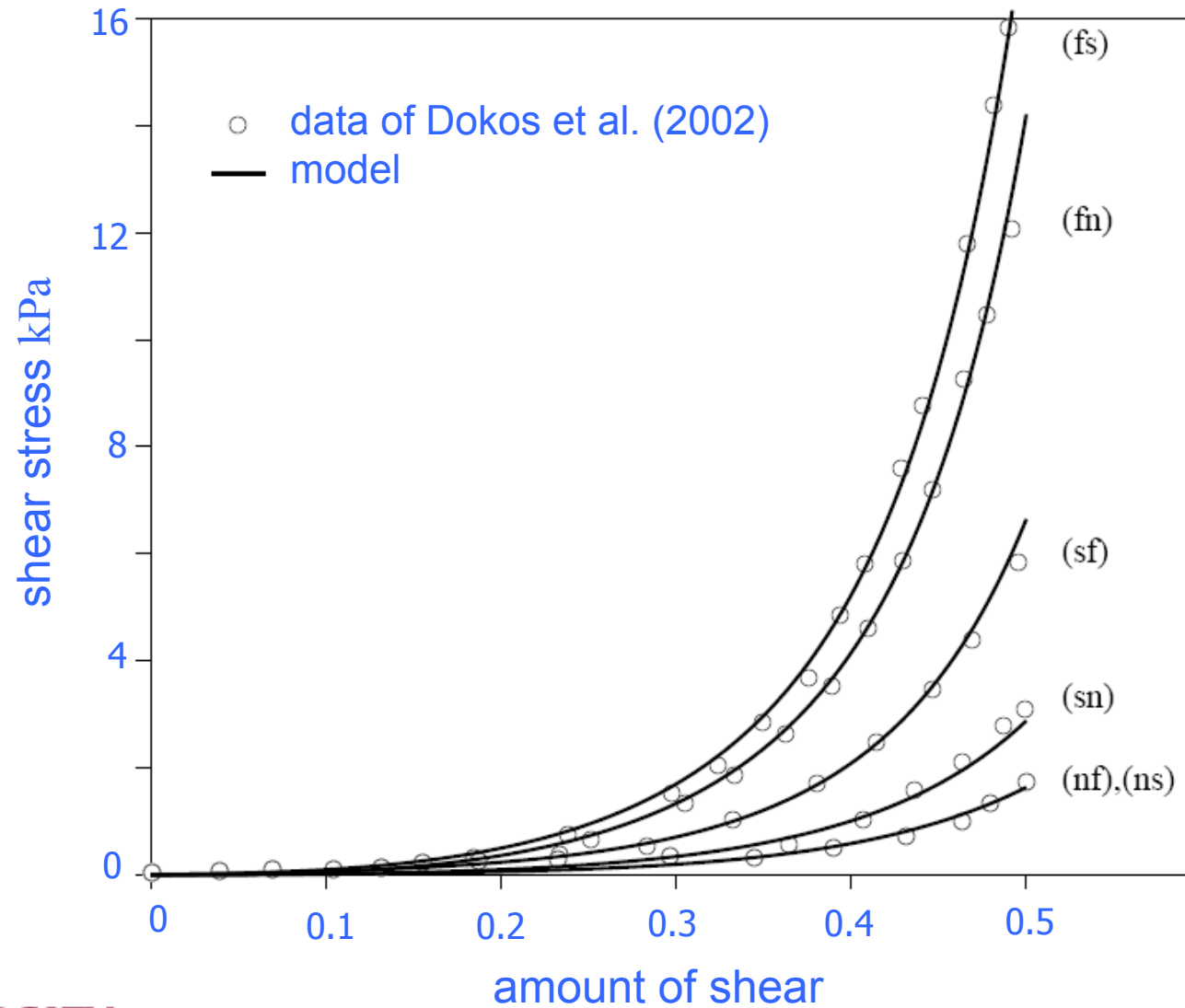
Simple Shear of a Cube

Fit without $I_{8 fs}$ term



Simple Shear of a Cube

Fit with $I_{8 fs}$ term



Reference

Holzapfel, Ogden Phil. Trans. R. Soc. Lond. A (2009) **myocardium**

Health warning

Much more data needed